

Taller, Stronger, Better

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS)
音樂: Taller, Stronger, Better - Guy Sebastian



STEP FORWARD, LOCK, FORWARD, LEFT COASTER FORWARD

1-3 Step right forward, lock left behind right, step right forward
4-6 Left coaster forward (step left forward, step right beside left, step left back) (12:00)

STEP BACK, TURN ½ STEP FORWARD, FORWARD, TURN ½, STEP FORWARD, DRAG

1-3 Step right back, turn ½ left & step left forward, step right forward
4-6 Turn ½ left taking weight onto left, step right forward, drag left up toward right (12:00)

COASTER CROSS, SIDE, BEHIND, SIDE

1-3 Step left back, step right beside left, step cross left over right (coaster cross)
4-6 Step right to right side, step left behind right, step right to right side (finish) (12:00)

ROLL 1 ¼ LEFT, STEP FORWARD, ¼ PADDLE & CROSS

1-2 Turn ¼ left and step left forward, turn ½ left and step right back
3 Turn ½ left and step left forward (9:00)
4-5 Step right forward, turn ¼ left replacing weight onto left
6 Step cross right over left (6:00)

ROCK REPLACE TOGETHER, STEP FORWARD, DRAG, TOGETHER

1-3 Rock step left to left side, replace weight right, step left beside right
4-6 Long step right forward, drag left forward, step left beside right (6:00)

ROCK REPLACE TOGETHER, STEP FORWARD, DRAG, TOGETHER

1-3 Rock step right to right side, replace weight left, step right beside left
4-6 Long step left forward, drag right forward, step right beside left (6:00)

COASTER, ½ PIVOT, ¼ TURN & SIDE

1-3 Left coaster step (step left back, step right beside left, step left forward)
4-6 Step right forward, turn ½ left taking weight onto left, turn ¼ left & step right to side (9:00)

CROSS BEHIND, SIDE, CROSS FORWARD, TURN ¼, ½, STEP FORWARD

1-3 Step cross left behind right, step right to right side, step cross left over right
4-6 Turn ¼ left & step right back, turn ½ left & step left forward, step right forward (12:00)

ROCK FORWARD REPLACE STEP BACK, TOE BACK, SLOW ½ TURN WEIGHT LEFT

1-3 Step left forward, rock weight back onto right, step left back
4-6 Touch right toe back, turn ½ right (slowly) keeping weight on left (6:00)

Restart 2

STEP BACK, LOCK, BACK, TOE BACK, SLOW ½ TURN WEIGHT LEFT

1-3 Step right back, lock left over right, step right back
4-6 Touch left toe back, turn ½ left (slowly) taking weight onto left (12:00)

Restart 1

STEP FORWARD, ¼ PADDLE & CROSS, STEP SIDE, ROCK BACK & CROSS

1-3 Step right forward, turn ¼ left taking weight onto left, step cross right over left
4-6 Step left to left side, rock step right behind left, step cross left over right (9)

STEP SIDE, DRAG, HOLD, 1 ¼ ROLL

- 1-3 Step right to right side, drag left to touch beside right, hold
- 4-5 Turn ¼ left & step left forward, turn ½ left and step right back
- 6 Turn ½ left and step left forward (6:00)

REPEAT

RESTART

During second wall, dance first 60 counts then restart facing back wall

During fourth wall, dance first 54 counts then restart facing back wall

When music builds to a crescendo, just keep dancing. When music seems to slow towards the end, keep dancing at the same pace as before

FINISH

Dance first 18 counts then finish with a 1½ rolling turn left stepping left right left, step right to right side, drag left towards right
