Tall, Tall Trees



編舞者: Chris Sepper

音樂: Tall, Tall Trees - Alan Jackson



HEELS, TOES, HEELS, TOES:

Pivot both heels to the right.
 Pivot both toes to the right.
 Pivot both heels to the right.
 Pivot both toes to the center.

STEP FORWARD, HITCH, STEP BACK, TOUCH:

5 Step left foot forward.6 Raise right knee.

7 Step right foot backwards.

8 Touch left toe back.

STEP FORWARD, HITCH, STEP BACK, TOGETHER:

9 Step left foot forward.10 Raise right knee.

Step right foot backwards.Place left foot next to right.

HEELS, TOES, HEELS, TOES:

13 Pivot both heels to the left.
14 Pivot both toes to the left.
15 Pivot both heels to the left.
16 Pivot both toes to the center.

STEP FORWARD, HITCH, STEP BACK, TOUCH:

17 Step right foot forward.

18 Raise left knee.

Step left foot backwards.Touch right toe back.

STEP FORWARD, HITCH, STEP BACK, TOGETHER:

21 Step right foot forward.

22 Raise left knee.

23 Step left foot backwards.

24 Touch right toe next to left instep.

HEEL, TOUCH, HEEL, TOUCH:

Touch right heel to front.

26 Touch right toe next to left instep.

27 Touch right heel to front.

28 Touch right toe next to left instep.

BUMP, BUMP, BUMP, BUMP:

On a forward diagonal, bump right hip forward.
On a forward diagonal, bump right hip forward.
On a forward diagonal, bump left hip backward.

32 On a forward diagonal, bump left hip backward.

HIP ROLLS:

Roll hips forward.
Roll hips backward.
Roll hips forward.

36 Roll hips backward (weight on left foot).

HEEL, TOUCH, HOOK, PIVOT:

Touch right heel to front.Touch right toe to right side.

39 Hook right foot behind left ankle (with weight remaining on left).

40 Pivot ¼ turn to the left

ROCK BACK, ROCK FORWARD, STOMP, CLAP:

41 Rock back on right foot.
42 Rock forward on left foot.
43 Stomp right foot next to left.

44 Clap.

REPEAT