

# Talking Optimistic

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Fran Girvan (AUS)  
音樂: Talking Optimist Blues - Neil Diamond



## 4 CROSS HEEL JACKS

1&2      Cross right over left, step back on left, put right heel at 45 degrees right  
&3&4      Step back on right, cross left over right, step back on right, put left heel at 45 degrees left  
&5&6      Step back on left, cross right over left, step back on left, put right heel at 45 degrees right  
&7&8      Step back on right, cross left over right, step back on right, put left heel at 45 degrees left

## 4 HEELS FORWARD, (TRAVELING BACK SLIGHTLY)

&9      Step weight to left, touch right heel forward  
&10      Step weight to right, touch left heel forward  
&11      Step weight to left, touch right heel forward  
&12      Step weight to right, touch left heel forward

## AND SHUFFLE FORWARD; ROCK STEP; SHUFFLE BACK; TWO ½ TURNS RIGHT

&13&14      Step weight on left, shuffle forward right-left-right  
15-16      Rock forward on left, and back onto right  
17&18      Shuffle back left-right-left  
19      Making ½ turn right, step onto right foot  
20      Make another ½ turn right, stepping back on left

## SHUFFLE BACK; ROCK STEP

21&22      Shuffle back, right-left-right  
23-24      Rock back on left and forward on right

## SHUFFLE FORWARD; FORWARD COASTER; BACK COASTER; ¼ TURN LEFT

25&26      Shuffle forward left-right-left  
27&28      Step forward on right, bring left together, step back on right  
29&30      Step back on left, bring right together, step forward on left  
31-32      Step forward on right into a ¼ turn left, return weight to left foot

## REPEAT

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