

Talk'n To Myself

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Raema Kent (AUS)
音樂: When I'm Drinking - Adam Harvey



TOE HEEL ROCK

1-2-3-4 Right toe right drop heel, rock left behind right, step on right
5-6-7-8 Left toe left drop heel, rock right behind left, step on left

45 HEEL TOE BEHIND

1-2 Right 45 heel in front, stand on right
3-4 Left toe behind right, stand on left

45 HEEL TOE ACROSS 45 HEEL TOE BEHIND

1-2 Right 45 heel in front, right toe across left
3-4 Right 45 in front, right toe behind

STEP LOCK SHUFFLE

1-2-3&4 Right step forward, lock left behind, shuffle right-left-right
5-6-7&8 Left step forward, lock right behind, shuffle left-right-left

ROCKING HORSE

1-2 Step forward on right, step back on left
3-4 Step back on right, step forward on left

STEP PIVOT

1-2 Step forward on right, turn ½ left, step on left
3-4 Step forward on right, turn ½ left, step on left

HEEL JACKS

1&2 Right across left, stand on right, stand on left, right 45, stand on right
3&4 Left across right, stand on left, stand on right, left 45

3 HEEL HOLD CLAP

&1&2 Quick change, right heel in front, left heel in front
&3-4 Right heel in front, hold with a clap

RIGHT VINE

1-2-3-4 Step on to right, step left behind right
5-6-7-8 Step right onto right, tap left beside right

VINE WITH FULL TURN

Next 4 movements are performed with a full turn

1 Step left onto left
2 Step left onto right with ½ turn
3-4 Step left onto left with ½ turn, tap right

¼ TURN - HIPS

Step onto right with a ¼ turn

1-2 Push hips right, push hips left
3-4 Push hips right, push hips left

ROCK CROSS SHUFFLE

- 1-2 Rock onto right, rock onto left
- 3&4 Cross right in front of left, shuffle right-left-right
- 5-6 Rock onto left, rock onto right
- 7&8 Cross left in front of right, shuffle left-right-left

Keep body square when doing cross rock

ROCK STEPS

- 1-2 Rock onto right (push off on this step), rock onto left
- 3-4 Turn $\frac{3}{4}$ turn right, step on right, step on left

REPEAT

TAG

Done at end of 3rd & 5th sequences facing back

- 1-2-3 Rock onto right, rock onto left
- 4 Place right across in front of left, hold with a clap
- 1-2-3 Rock onto left, rock onto right
- 4 Place left across in front of right, hold with a clap

During the 7th sequence, only dance through the heel jacks, then restart
