

# Talk'n To Myself

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Raema Kent (AUS)  
音樂: When I'm Drinking - Adam Harvey



## TOE HEEL ROCK

1-2-3-4      Right toe right drop heel, rock left behind right, step on right  
5-6-7-8      Left toe left drop heel, rock right behind left, step on left

## 45 HEEL TOE BEHIND

1-2      Right 45 heel in front, stand on right  
3-4      Left toe behind right, stand on left

## 45 HEEL TOE ACROSS 45 HEEL TOE BEHIND

1-2      Right 45 heel in front, right toe across left  
3-4      Right 45 in front, right toe behind

## STEP LOCK SHUFFLE

1-2-3&4      Right step forward, lock left behind, shuffle right-left-right  
5-6-7&8      Left step forward, lock right behind, shuffle left-right-left

## ROCKING HORSE

1-2      Step forward on right, step back on left  
3-4      Step back on right, step forward on left

## STEP PIVOT

1-2      Step forward on right, turn ½ left, step on left  
3-4      Step forward on right, turn ½ left, step on left

## HEEL JACKS

1&2      Right across left, stand on right, stand on left, right 45, stand on right  
3&4      Left across right, stand on left, stand on right, left 45

## 3 HEEL HOLD CLAP

&1&2      Quick change, right heel in front, left heel in front  
&3-4      Right heel in front, hold with a clap

## RIGHT VINE

1-2-3-4      Step on to right, step left behind right  
5-6-7-8      Step right onto right, tap left beside right

## VINE WITH FULL TURN

Next 4 movements are performed with a full turn

1      Step left onto left  
2      Step left onto right with ½ turn  
3-4      Step left onto left with ½ turn, tap right

## ¼ TURN - HIPS

Step onto right with a ¼ turn

1-2      Push hips right, push hips left  
3-4      Push hips right, push hips left

## **ROCK CROSS SHUFFLE**

- 1-2 Rock onto right, rock onto left
- 3&4 Cross right in front of left, shuffle right-left-right
- 5-6 Rock onto left, rock onto right
- 7&8 Cross left in front of right, shuffle left-right-left

**Keep body square when doing cross rock**

## **ROCK STEPS**

- 1-2 Rock onto right (push off on this step), rock onto left
- 3-4 Turn  $\frac{3}{4}$  turn right, step on right, step on left

## **REPEAT**

## **TAG**

**Done at end of 3rd & 5th sequences facing back**

- 1-2-3 Rock onto right, rock onto left
- 4 Place right across in front of left, hold with a clap
- 1-2-3 Rock onto left, rock onto right
- 4 Place left across in front of right, hold with a clap

**During the 7th sequence, only dance through the heel jacks, then restart**

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