

Talk To The Sea

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sue Lawlor
音樂: Talk to the Sea - Wolverines



- 1-2 Step forward on left, pivot ½ turn right transferring weight to right
3&4 Triple step left, right, left
5-6 Step forward on right, pivot ½ turn left transferring weight to left
7&8 Triple step right, left, right
- 9-10-11-12 Rock/step left to left, rock back on right, step left across right, hold
13-14-15-16 Rock/step right to right, rock back on left, step right across left, hold
- 17-18 Rock back onto left, step right to right
19&20 Cross shuffle to the right left, right, left
21-22-23&24 Step right to right, step left behind right, shuffle to the right (right, left, right)
- 25-26 Step forward on left, rock back on right
27&28 Making ¼ turn left shuffle forward
29-30 Moving forward make a full turn stepping right, left
31&32 Shuffle forward right, left, right
- 33-34 Step left over right, step back on right
35&36 Shuffle back towards left diagonal
37-38 Step right over left, step back on left
39&40 Shuffle back towards right diagonal
- 41-42-43-44 Rock/step left to left, rock back onto right, step left across right, hold
45-46-47-48 Rock/step right to right, rock back onto left, step right across left, hold
- 49-50 Walk back left, right
51&52 Step back on left, step right beside left, step forward on left (coaster step)
53-54 Stride/step right towards right diagonal, slide left to right
55-56 Sway hips left, right
- 57-58 Make a full turn left to left side stepping left, right
59&60 Triple step in place
61-62 Stride/step left towards left diagonal, slide right to left
63-64 Sway hips right, left

REPEAT

TAG

After the 16th count on wall 4 (facing 3:00)

- 1-2-3&4 Step forward on left, rock back on right, shuffle back left, right, left
5-6-7&8 Step back on right, rock forward on left, shuffle forward right, left, right