

Talk To The Hand!

拍數: 48 牆數: 4 級數: Improver
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音樂: Yeah, Yeah, Yeah - The Kinleys



STEP SCUFF FIGURE EIGHT (FULL CIRCLE LEFT, FULL CIRCLE RIGHT)

1-2 Step left, scuff right beginning turn to left
3-4 Step right, scuff left
5-6 Step left, scuff right
7-8 Step right, scuff left completing full circle left, beginning right circle
9-10 Step left, scuff right
11-12 Step right, scuff left
13-14 Step left, scuff right
15-16 Step right, scuff left completing full circle right and ending at starting position

LEFT STEPS, ROCK STEP, RIGHT SYNCOPATED STEPS, ROCK STEP

17 Step left to left side
18 Step right foot next to left
19-20 Step left, hold
21 Rock back on right to left side
22 Rock forward on left
23-24 Step right to right side
& Step left next to right (extend right arm forward, palm straight ahead: "talk to the hand", and left hand on left hip through next four counts)
25-26 Step right
& Step left next to right
27-28 Step right
29 Rock back on left to right side
30 Rock forward on right
31-32 Step left to left side

FORWARD ANGLED STEP TOUCHES, STOMP-HEEL-STOMP

& Touch right next to left
33 Step right 45 degree angle forward to right
34 Touch left next to right (clapping)
35 Step left 45-degree angle forward to left
36 Touch right next to right (clapping)
37 Step right 45 degree angle forward to right
38 Stomp left next to right
39 Touch left heel forward
40 Stomp left next to right

BACKWARD ANGLED STEP TOUCHES, TURN-STOMP-HEEL-STOMP

41 Step left 45-degree angle back to left
42 Touch right next to left (extend right arm forward, palm straight ahead: "talk to the hand", and left hand on left hip)
43 Step right 45 degree angle back to right
44 Touch left next to right (extend left arm forward, palm straight ahead: "talk to the hand", and right hand on right hip)
45 Step left 45 degree angle back to left, making ¼ turn to left
46 Stomp right next to left

- 47 Touch right heel forward
- 48 Stomp right next to left, changing weight to right foot

REPEAT
