

Talk About Me

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Kim Swan (UK)
音樂: I Wanna Talk About Me - Toby Keith



KICK, BALL, TOUCH (X 3), KICK, BALL, STEP

1&2 Left kick forward, step down onto ball of left, touch right next to left
3&4 Right kick forward, step down onto ball of right, touch left next to right
5&6 Left kick forward, step down onto ball of left, touch right next to left
7&8 Right kick forward, step down onto ball of right, step forward on left

STEP, PIVOT ½, SHUFFLE, ROCK, RECOVER, ¼ TURN, CROSS, BACK

9-10 Step forward on right, ½ pivot turn to the left
11&12 Right shuffle forward
13&14 Rock forward on left, recover onto right, step left making ¼ turn left
15-16 Cross right over left, step back on left

STEP, TOUCH, LEFT GRAPEVINE, ROCK, RECOVER

17-18 Step right to the right, touch left next to right
19-20 Step left to the left, cross right behind left
21-22 Step left to the left, touch right next to left
23-24 Rock right to the side, recover onto left

BEHIND, STEP, CROSS, ROCK, ROCK, COASTER TURN, STEP PIVOT ½

25&26 Cross right behind left, step left to left, cross right over left
27-28 Rock left to the side, recover onto right
29&30 Left step back making ¼ turn left, step right in place, step left forward
31-32 Step right forward, ½ pivot turn to the left

SHUFFLE, MAMBO ROCKS, STEP, CROSS

33&34 Right shuffle forward
35&36 Rock forward onto left, recover onto right, step left next to right
37&38 Rock back on right, recover onto left, touch right next to left
39-40 Step right to the right side, cross left behind right

¼TURN, TOGETHER, OUT AND IN TWICE, HEEL SWITCHES TWICE

41-42 Step right to the right side making ¼ turn right, step left next to right
43&44& Step right out to side, step left out to side, step right back in, step left in
45 Step back on right as left heel digs forward
&46 Step left back into line with right, touch right next to left
47 Step back on left as right heel digs forward
&48 Step right back into line with left, touch left next to right

REPEAT

When dancing the suggested track, the heel switches, steps 45-48, have to be dropped from alternative sequences. This gives a step pattern of 48,44,48,44,48,44. The dance finishes exactly with the music.