Takin' My Time (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Elke Kunze (DE)

音樂: This Time I'm Takin' My Time - Neal McCoy



Position: Skater (lady in front of man, both left hands held at shoulder level, lady's right hand on hip, mans hand on top of lady's right hand), man standing on inside, both facing outside LOD, Start dance after 32 counts

MAN & LADY: KICK, HOOK & 1/4 TURN RIGHT, SHUFFLE, ROCK, RECOVER, 1/4 TURN LEFT, 1/4 TURN LEFT

1 Kick right over left

2 Hook right foot in front of left and ¼ turn to right

After ¼ turn to right man is on the right side of the lady, his left hand on her left hip, both right arms extended to OLOD (kind of Reverse Skater)

3&4 Shuffle forward (right, left, right) RLOD

5 Rock forward on left6 Recover weight onto right

7&8 ¼ turn left while step on left, right next to left, ¼ turn left while step forward left

Right hands closed, drop left hands Man and lady are facing LOD

MAN: WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

9 Right step forward10 Left step forward

11&12 Shuffle forward (right, left, right)

Left step forwardRight step forward

15&16 Shuffle forward (left, right, left)

Man drops right hand, left hands closed and extended to ILOD (skater), both right hands on lady's right hip

LADY: FULL TURN LEFT, SHUFFLE, FULL TURN RIGHT, SHUFFLE

9 Start full turn to left with right Right hands are raised and lady turns under them

Finish the full turn with left
Shuffle forward (right, left, right)
Start full turn to right with left

Right hands are still raised and lady turns under them

14 Finish full turn with right 15&16 Shuffle forward (left, right, left)

Man and lady are facing LOD, man drops right hand, left hands closed and extended to ILOD (skater)

MAN: CROSS, POINT LEFT, CROSS, STEP RIGHT, CROSS SHUFFLE, ROCK, RECOVER

17 Cross right over left 18 Point left toes to left side 19 Cross left over right

20 Small step right towards diagonally right

Beginning of "mirror section", lady's steps are mirror image of man's steps, drop hands, man crosses to right behind lady

21&22 Cross shuffle diagonally to right (left, right, left)Side rock to right, rejoin lady's right hand

24 Recover weight onto left

LADY: CROSS, POINT LEFT, CROSS, POINT RIGHT, CROSS SHUFFLE, ROCK, RECOVER

17 Cross right over left
18 Point left toes to left side
19 Cross left over right
20 Point right toes to right side

Beginning of "mirror section", lady's steps are mirror image of man's steps, drop hands, man crosses to right behind lady

21&22 Cross shuffle diagonally to left (right, left, right)

23 Side rock to left, reioin man's left hand

24 Recover weight onto right **Drop hands, man crosses to left behind lady**

MAN: CROSS SHUFFLE, ROCK, RECOVER, TRIPLE STEP, ROCK, RECOVER

25&26 Cross shuffle diagonally to left (right, left, right)

27 Side rock to left, rejoin lady's left hand

28 Recover weight onto right

29&30 Triple step in place (left, right, left)

31 Rock step right back, right shoulder back

32 Recover weight onto left

LADY: CROSS SHUFFLE, ROCK, RECOVER, FULL TRIPLE TURN, ROCK, RECOVER

25&26 Cross shuffle diagonally to right (left, right, left)
 Side rock to right, rejoin man's right hand

28 Recover weight onto left

29&30 Full triple turn to left (right, left, right)
31 Rock step left back, left shoulder back

32 Recover weight onto right

On counts 31, 32 dancers are in "closed promenade position", man's left and lady's right arms extended with hands closed point to LOD, feet directed to LOD, both faces directed to LOD

MAN: BACK PRESS, RONDE LEFT, STEP, HEEL SWIVELS, LOCK SHUFFLE

33 Step right behind left and press while bending right knee

34 Ronde left behind right, straighten up right leg

35 Step left behind right
36 Step right foot next to left
37&38 Heel swivels left, right, center
39&40 Lock shuffle forward (left, right, left)

Man drops right hand, lady drops left hand

LADY: BACK PRESS, RONDE RIGHT, STEP, HEEL SWIVELS, LOCK SHUFFLE

33 Step left behind right and press while bending left knee

Ronde right behind left, straighten up left leg

35 Step right behind left
36 Step left foot next to right
37&38 Heel swivels right, left, center

39&40 Lock shuffle forward (right, left, right)

Man drops right hand, lady drops left hand

MAN: STEP, STEP, LOCK SHUFFLE FORWARD, ROCK, RECOVER, TRIPLE IN PLACE

41 Small step right forward42 Small step left forward

Man raises with his left hand lady's right hand and lady turns under it

43&44 Lock shuffle forward (right, left, right)

45 Rock left forward

46 Recover weight onto right

47&48 Triple step in place (left, right, left)

LADY: WALK, ½ TURN RIGHT, LOCK SHUFFLE BACKWARD, ROCK, RECOVER, TRIPLE TURN RIGHT

41 Step left forward

42 ½ turn to right and step right back

Man raises with his left hand lady's right hand and lady turns under it

43&44 Lock shuffle back (left, right, left)

45 Rock back right

46 Recover weight onto left

47&48 Triple turn ½ to right (right, left, right)

After the lady's ½ triple turn on counts 47&48 lady stands in front of man, both facing LOD, man's left and lady's right hand are closed on shoulder level in front of lady, man puts right hand on his right hip

MAN: SIDE ROCK, RECOVER, STEP, HOLD, SIDE ROCK, RECOVER, TOUCH, HOLD

49	Side rock to right.	the closed hands are led over lad	v's head in a wide bow to right

50 Recover weight onto left, the closed hands go back in a wide bow to left

51 Step right next to left

Hold (recover weight onto right)

Take lady's left hand, side rock to left, lady's right arm extended and man's right hand is on

his right hip

54 Recover weight onto right
55 Touch left foot next to right
56 Hold (recover weight onto right)
End of "mirror section", position: skater LOD

LADY: SIDE ROCK, RECOVER, STEP, HOLD, SIDE ROCK, RECOVER, STEP, HOLD

49 Side rock to left, the closed hands are led over lady's head in a wide bow to right

Lady may extend left arm to left or put left hand on her left hip

Recover weight onto right, the closed hands go back in a wide bow to left

51 Step left next to right

Hold (recover weight onto left)

Take with left hand man's left hand, side rock to right Lady may extend right arm to right or put right hand on her right hip

54 Recover weight onto left
55 Step right foot next to left
56 Hold (recover weight onto right)
End of "mirror section", position: skater LOD

MAN& LADY: WALK, WALK, SHUFFLE FORWARD, ROCK, RECOVER, 1/4 TURN, RIGHT, LEFT

57 Step forward left58 Step forward right

59&60 Lock shuffle forward (left, right, left)

61 Rock forward right

Recover weight onto left 4 turn to right and step right

Step left foot next to right (recover weight onto left)

REPEAT