

Takin' It Easy

COPPER KNOB
STEPPERS

拍數: 40 牆數: 2 級數: Intermediate
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音樂: Take It Easy - Travis Tritt



HEEL/TOE PIVOTS (KEEPING FEET TOGETHER)

- 1 Pivot toes to the left
- 2 Pivot heels to the left
- 3 Pivot toes to the left
- 4 Pivot left heel to the left and raise right knee

STEP/SLIDE

- 5 Step forward on right foot
- 6 Slide left foot up next to right and hitch right knee at the same time
- 7 Step forward on right foot
- 8 Slide left foot up next to right (face front with feet together)

KICK-BALL-CHANGE

- 9&10 Kick-ball-change starting with right foot
- 11 Step forward on right foot
- 12 Stomp left foot next to right

SIDE STEP

- 13 Step left foot out to side
- 14 Stomp right foot next to left
- 15 Step right foot out to side
- 16 Pivot ½ turn to the right with right shoulder back and scuff left heel next to right (at the same time)

GRAPEVINE LEFT

- 17-19 Vine left (step left to left, step right behind, step left to left)
- 20 Extend right heel out to the side

ROLLING GRAPEVINE

- 21-23 Rolling vine to the right
- 24 Stomp left foot next to right and clap hands (at the same time)

SIDE STEP

- 25 Step left foot out to left side
- 26 Extend right heel out to right side
- 27 Step right foot out to right side
- 28 Stomp left foot next to right

- 29 Step right foot out to right side
- 30 Extend left heel out to left side
- 31 Step left foot out to left side
- 32 Stomp right foot next to left

DOUBLE-TIME (REPEAT STEPS 25-32 IN DOUBLE TIME)

- 33 Step left foot out to left side
- & Extend right heel out to right side

34 Step right foot out to right side
& Stomp left foot next to right

35 Step right foot out to right side
& Extend left heel out to left side

36 Step left foot out to left side
& Stomp right foot next to left

SKIP & STOMP

37 Step forward on left foot

38 Skip forward (weight on left foot and right knee raised)

39 Step forward on right foot

40 Stomp left foot next to right and clap hands (at the same time)

REPEAT
