

Takin' Back My Heart

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dan Morrison (CAN)
音樂: Takin' Back My Heart - Cher



CROSS-ROCK, CROSS SAILOR SHUFFLE

- 1 Rock right foot over left foot
- 2 Step in place on left foot
- 3 Step right foot over left foot
- & Rock side left onto left foot
- 4 Step side right in place on right foot
- 5 Rock left foot over right foot
- 6 Step in place on right foot
- 7 Step left foot over right foot
- & Rock side right onto right foot
- 8 Step side left in place on left foot

KICK-STEP-LOCK-STEP, KICK-STEP-LOCK-STEP, STEP OUT, STEP OUT, STEP-CROSS-STEP

- 1 Kick right foot forward
- & Step down on right foot
- 2 Lock left foot in behind right foot
- & Step forward on right foot
- 3 Kick left foot forward
- & Step down on left foot
- 4 Lock right foot in behind left foot
- & Step forward on left foot
- 5 Step out to the right side onto right foot
- 6 Step out to the left side onto left foot
- 7 Step back on ball of right foot
- & Cross and step left foot over right foot
- 8 Step back on right foot

½ TURN, ½ TURN, COASTER-STEP PRISSY WALK, REVERSE SAILOR SHUFFLE

- 1 ½ turn to the left stepping forward on the left foot
- 2 ½ turn to the left stepping back on the right foot
- 3 Step back on left foot
- & Quickly step right foot back to meet left foot
- 4 Step forward onto left foot
- 5 Step right foot forward over and across left foot
- 6 Step left foot forward over and across right foot
- 7 Step right foot over and across left foot
- & Step side left onto left foot
- 8 Step side right onto right foot

CROSS, BACK, CROSS SHUFFLE, POINT, ¼ SWIVEL

- 1 Step left foot over and across right foot
- 2 Step back on right foot
- 3 Step back on left foot
- & Step right foot over and across right foot
- 4 Step back on left foot
- 5 Point right toe forward

- 6 Point right toe to right side
- 7 Swivel both heels $\frac{1}{4}$ turn to the left
- & Swivel both heels to the right
- 8 Swivel both heels to center

REPEAT
