

Takin My Time

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數: Beginner
編舞者: Gene Morrill (USA)
音樂: This Time I'm Takin' My Time - Neal McCoy



TWO ¼ RIGHT MONTEREY TURNS

- 1 Touch right toe to right side
- 2 Bring right next to left while pivoting ¼ turn on left to right, change weight to right
- 3 Touch left toe to left side
- 4 Bring left next to right change weight to left
- 5-8 Repeat 1-4 (touch right toe on count 8)

WALK FORWARD-SHUFFLE-WALK BACK-SHUFFLE

- 1-2 Walk forward right and left foot
- 3&4 Step forward right, bring left next to right, step forward right
- 5-6 Walk back left, right
- 7&8 Step back on left, bring right next to left, step back on left

4 TRIPLE (HIP PUSHES) (SIDE TO SIDE) IN PLACE

- 1&2 Push hips right-left-right (in place)
- 3&4 Push hips left-right-left (in place)
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

STEP HOLD - CROSS HOLD - SIDE SHUFFLE - ROCK STEP

- 1-2 Step right to right side & hold
- 3-4 Cross left over right & hold
- 5&6 Shuffle right left right to right side
- 7-8 Rock left behind right recover on right

SHOULDER SHIMMIES OR HIPS SHIMMIES TO LEFT WITH HOLDS & CLAPS

- 1-4 Step left to left shimmy bring right together & clap
- 5-8 Repeat 1-4 (touch right on count 8)

FORWARD SHUFFLE - 2 HALF TURN SHUFFLES - STEP HOLD

- 1&2 Forward shuffle right left right
- 3&4 Half turn shuffle to right left right left (still moving forward)
- 5&6 Half turn shuffle right left right to right (still moving forward)
- 7-8 Step forward on left & hold

REPEAT
