Take You Higher



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Carol Clements (UK)

音樂: I Was Made For Lovin' You - Anastacia



STEP SLIDE KICK-KICK TWICE

1-2 Take big step diagonal right, slide left to meet it (not taking weight on left)

3&4& Kick left (low kick) forward, step left next to right, kick right forward, step down on right

5-6-7&8& Repeat as above on opposite feet starting with left foot diagonal step forward

STEP, HOLD AND SHUFFLE FORWARD, ROCK STEP THREE QUARTER TURNING SHUFFLE

9-10& Step forward on right, hold for one count, close left to right

11&12 Shuffle forward right, left, right

13-14 Rock forward on left, replace on right

Turning left, make three quarter turning shuffle stepping left, right, left

ROCK AND CROSS TWICE, TOUCH BALL CROSS TWICE

17&18 Rock out to right, replace on left, cross right over left 19&20 Rock out on left, replace on right, cross left over right

21&22 Touch right beside left toe, step on right, cross left over right

Styling note: use hips in swiveling motion while doing these steps. Actually, it's difficult not to!

23&24 Repeat 21 & 22

RUMBA BOX

25-26 Step right to right (big step), step left beside right

27-28 Step back on right, touch left beside right 29-30 Step left to left, step right beside left 31&32 Step left forward, touch right beside left

For styling during rumba box, use body rolls sideways on side steps and forward/back on forward/back steps

REPEAT

TAG

On wall 9, dance first 16 counts of dance, then begin again.