

# Take This Moment

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
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音樂: Evergreen - Westlife



## BACK ROCK, SIDE HOLD, ½ TURN LEFT HOLD, CROSS, SIDE

1-2      Rock right behind left, in place on left  
3-4      Step right to right side, hold  
5-6      Make ½ turn left, stepping left to the left side, hold  
7-8      Cross right over left, step left to the left side

## BACK ROCK, SIDE HOLD, ½ TURN RIGHT HOLD, ½ TURN RIGHT HOLD

9-10      Rock right behind left, in place on left  
11-12      Step right to right side, hold  
13-14      Make ½ turn right, stepping left to left side, hold  
15-16      Make ½ turn right, stepping right to right side, hold

## CROSS, SIDE, ¼ TURN LEFT, STEP BACK, HOLD, BACK ROCK, FULL TURN RIGHT

17-18      Cross left over right, step right to right side  
19-20      Make ¼ turn left, stepping back on left, hold  
21-22      Rock back on right foot, in place on left  
23-24      Make a full turn right, stepping right then left

## STEP, HOLD, LEFT LOCK, STEP, HOLD, ROCK FORWARD

25-26      Step right forward, hold  
27-28      Step forward left, lock right behind the left  
29-30      Step forward left, hold  
31-32      Rock forward right, in place on left

## REPEAT

## OPTIONAL

On counts 23-24 instead of full turn walk forward right, left

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