

Take Me To Heaven

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Luke van der Meer (AUS)
音樂: Cowboy Take Me Away - The Chicks



- 1& Step right foot out to the right side, stepping weight onto left foot
2 Cross/step right foot in front of left foot
3-4 Rock left foot out to the left side, rock weight back onto right foot
5& Cross/step left foot in front of right, stepping weight onto right foot out to the right side
6 Step left foot in place
7& Cross/step right foot in front of left, stepping weight onto left foot out to the left side
8 Step right foot in place
- &1 Stepping left foot together beside right, rock forward on right foot
&-2 Rocking weight back onto left foot turning $\frac{1}{2}$ back right, step right foot forward
3&4 Shuffle forward left stepping left-right-left
5& Rock forward on right foot, rocking weight back onto left foot turning $\frac{1}{2}$ back right
6 Step right foot forward
7 Turning a further $\frac{1}{4}$ right step left foot out to the left side
8 Slide right foot in beside to left foot changing weight onto right foot
- 1-2 Rock left foot out to the left side, rock weight back onto right foot
&3 Turning $\frac{1}{2}$ left step left foot out to the left side, cross/step right foot in front of left
&4 Stepping left foot out to the left side, cross/step right foot behind left
& Stepping left foot out to the left side
5-6 Step/rock right foot in front of left foot, rock weight back onto left foot
& Stepping right foot out to the right side
7-8 Cross/step left foot in front of right foot, unwind $\frac{3}{4}$ right (taking weight onto left foot)
- 1-2 Step right foot back, step left foot back
3& Touch right toe back, unwinding back $\frac{1}{2}$ left on ball of left foot
4 Step right foot back
5-6 Step left foot back, step right foot back
7& Touch left toe back, unwinding back $\frac{1}{2}$ right on ball of right foot
8 Step left foot back
- 1-2 Touch right toe back, pivot $\frac{1}{4}$ right
3& Step right foot back behind left, stepping left foot out to the left side
4 Step right foot out to the right side (right sailor step)
5-6 Cross/step left foot behind right, step right foot forward turning $\frac{1}{4}$ right
7& Step left foot forward turning $\frac{1}{2}$ right, step onto right foot, step left foot beside right
8 Changing weight so its on your left foot (cha-cha-cha turn $\frac{1}{2}$ right stepping right, left, right)

REPEAT