

Take It To Da House!

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 4 級數:
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音樂: Take It to Da House - Trick Daddy



Edited version can be ordered

PART A (VERSE)

- 1-2 Step forward and diagonal to left with left foot; touch right foot next to left foot
3&4 Triple side right - right, left, right
5-6 Pushing left hip forward, step forward and diagonal left with left foot; pushing right hip forward
step forward and diagonal to right with right foot
7-8 Pushing hips back, step back with left foot; step right foot next to left foot
- 9-10 Step forward on left foot; pivot ½ turn to right
11-12 Paddle turn ¼ right on right foot two times
13 Drop into crouched position with feet shoulder width apart
14 Stand up, lifting right side of ribcage
15&16 Keeping weight on right foot, isolate rib cage left, right, left, shifting weight to right foot on
count 16
- 17-18 Step forward on left foot; make a ½ turn left on left foot while lifting right knee and pushing
right hip back (hold this position through count 20)
19-20 Make an 1/8 turn left pushing right hip; repeat
21-22 Step down on right foot; make a ¼ turn left on right foot, lifting left knee up (perform counts
21-22 in a fluid wave motion for style)
23&24 Triple forward - left, right, left
- 25-26 Step forward on right foot; make a ¼ turn left on left foot while lifting right foot to left knee
27&28 Step right with right foot, bumping right hip; bump left hip left; bump right hip right while lifting
left foot to right knee
29-30 Make a ¼ turn left, stepping forward on left foot; brush right foot next to left foot
31-32 Make a ¼ turn left, stepping right foot to right side; lift left foot to right knee

PART B (CHORUS)

This portion should be carefree and fun

- &1&2 With feet a shoulder width apart, hands extended forward and up, and pelvis pushed forward
shake hips side to side
&3&4 Making a ¼ turn right, bending forward at waist, with hand at your sides, feet shoulder width
apart, shake hips side to side
&5&6&7&8 Repeat 1-4
- &9&10&11&12 Repeat 1-4
&13&14&15&16 Repeat 1-4 in double time and change the turns to 1/8 turns ending with weight on left foot
- 17-18 On left foot, make almost a ¼ turn left and bump right hip twice
19&20 Still on left foot, return to center by tripling ¼ turn right - right, left, right
21-24 Repeat 17-20 on right foot (everything the opposite way and opposite foot as before)
25-26 Skate right, skate left
27&28 Make a full turn right on the spot, stepping right, left, right (end with weight on right)
29&30 Rock back and diagonal left on left foot; recover to right foot; kick left foot forward and across
right

PUTTING IT ALL TOGETHER

I want you to listen (not count) for this dance. The chorus will come 3 times. The first 2 times it begins on Count 17 of the Verse steps (Part A). The 3rd time on count 9 of the Verse steps (Part A). Each time you will take 8 counts to prepare for the Chorus steps (Part B). The first 4 counts will be used to adjust the amount of turn so that you get around to the original starting wall. The second 4 counts you will dance in place and clap on 8. Then you will dance the Chorus steps (Part B). Each time you complete the Chorus steps (Part B), you will be facing the original starting wall and start over on the Verse steps (Part A).
