

Take It Easy

COPPER KNOB
STEPSHETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Emma Dale
音樂: Live A Little - Mark Chesnutt



STEPS, POINT, TOUCH TWICE

1&2-3-4 Stepping forward right, left right. Point left foot forward, touch left foot backwards
5&6-7-8 Repeat steps 1-4

CROSS UNWIND & HEEL JACK, ½ TURN TO RIGHT

9-10 Cross right foot behind left and unwind ½ turn right
11&12 Step left foot back, place right heel forward, step on right foot, close left to right
13-16 Walking ½ turn to right, right, left, right, left (right hand up to forehead as if looking for something)

CHARLESTON STEP, ROLLING GRAPEVINE 1 ¼ TO RIGHT

17-20 Step right foot forward, point left toe forward. Step left foot back, touch right toe back
21-24 Turn ¼ to right on right foot, continue turning ½ turn to right stepping back on left foot, turn ½ turn to right stepping forward on right foot, close left to right
25-32 Repeat steps 1-8

WEAVE TO RIGHT & LUNGE WITH ½ TURN TWICE

33-35&36& Step right to right side, step left foot behind right, step right to right side, cross left foot over right, step right to right side, step left foot behind right
37-40 Lunge to right with weight on right foot, transfer weight to left foot while pivoting ½ turn to left, lunge again to right side then transfer weight back on to left foot
41-48 Repeat steps 33-40

REPEAT

TAG

On wall 3, omit steps 1-32 and just dance counts 33-48

RESTART

On wall 4, restart after count 40
