

Take It Easy

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Take It Easy - Eagles



POINT, CROSS HITCH, ¼ RIGHT TURN, ¼ TURNING RIGHT CHASSE, ROCKS

- 1-2 Point right to right side, cross right knee over left (low cross hitch)
3-4 ¼ turn right stepping forward on right, ½ turn right stepping back on left
5&6 Make ¼ turn right stepping right to right side (completing a full turn), close left beside right, step right to right side
7-8 Cross rock left over right, recover weight onto right

STEP, HOLD & CLAP, CLOSE, SIDE ROCKS, LEFT SAILOR

- 1-2 Step left to left side, hold and clap hands
&3-4 Step right next to left, rock left to left side, recover weight onto right
5-6 Cross left over right, step right to right side
7&8 Cross left behind right, step right beside left, step left to left side

CROSS, HOLD, ROCKS, SYNCOPATED WEAVE, CROSS, HOLD, ROCKS

- 1-2 Cross right over left, hold
3&4 Rock left to left side, recover weight onto right, cross left behind right
&5-6 Step right to right side, cross left over right, hold
7-8 Rock onto right, rock onto left

½ HINGE TURNS RIGHT TWICE, RIGHT SAILOR ¼ TURN, WALKS, ROCKS, CLOSE

- 1-2 Make ½ hinge turn right stepping right to right side, make ½ hinge turn right stepping left to left side
3&4 Cross right behind left, make ¼ turn right stepping left beside right, step forward on right
5-6 Walk forward left, walk forward right
7-8& Rock forward on left, rock back on right, bring left beside right

Second restart occurs here during wall 4 while facing the front wall

STEP, HOLD & CLICK, ½ PIVOT, ½ TURN, STEP, BRUSH, STEP, TOUCH, PLACE

- 1-2 Step forward on right pushing right hip forward, hold and click fingers on right hand
3-4 ½ pivot turn left stepping forward onto left, ½ turn left stepping back onto right
5-6 Step forward onto left, toe-brush right forward (note -: these are toe-brushes with little movement)
7-8& Step onto right, touch left beside right, place left next to right

First restart occurs here during wall 2 while facing the back wall

STEP, HOLD & CLICK, ½ PIVOT, ½ TURN, STEP, BRUSH, STEP, BRUSH

- 1-2 Step forward on right pushing right hip forward, hold and click fingers on right hand
3-4 ½ pivot turn left stepping forward onto left, ½ turn left stepping back onto right
5-6 Step forward on left, toe-brush right forward
7-8 Step onto right, toe-brush left forward

CROSS, BACK, LEFT SHUFFLE BACK, FULL TURN, RIGHT COASTER

- 1-2 Cross left over right, step back on right
3&4 Step back on left, step right beside left, step back on left
5-6 ½ turn right stepping forward on right, ½ turn right stepping back on left
7&8 Step back on right, bring left beside right, step forward on right

LEFT SHUFFLE FORWARD, FULL LEFT TURN, JAZZ JUMP, HIP BUMPS, CROSS HITCH

- 1&2 Step forward on left, bring right beside left, step forward on left
3-4 Make ½ turn left stepping back on right, make ½ turn left stepping forward on left
&5 Jump forward onto right & left (feet apart)
6-7 Bump hips left, bump hips right
8 Bump hips left hitching right knee across left (low cross hitch)

REPEAT

RESTART

Restart after count 40 on wall 2

Restart after count 32 on wall 4
