

Take A Little Note

拍數: 64 牆數: 2 級數:
編舞者: Shelley Stevenson (AUS)
音樂: Write This Down - George Strait



FORWARD, KICK, FORWARD, KICK, ¼ TURN BOX STEP

- 1-4 Step forward on right, kick left forward at 45 degrees left, step forward on left, kick right forward at 45 degrees right
- 5-8 Cross right over left, step back on left turning ¼ turn right, step right to right side, close left together

FORWARD, KICK, FORWARD, KICK, ¼ TURN BOX STEP

- 9-12 Step forward on right, kick left forward at 45 degrees left, step forward on left, kick right forward at 45 degrees right
- 13-16 Cross right over left, step back on left turning ¼ turn right, step right to right side, close left together

FORWARD, KICK, FORWARD, KICK, ¼ TURN BOX STEP

- 17-20 Step forward on right, kick left forward at 45 degrees left, step forward on left, kick right forward at 45 degrees right
- 21-24 Cross right over left, step back on left turning ¼ turn right, step right to right side, close left together

FORWARD, KICK, FORWARD, KICK, ¼ TURN BOX STEP

- 25-28 Step forward on right, kick left forward at 45 degrees left, step forward on left, kick right forward at 45 degrees right
- 29-32 Cross right over left, step back on left turning ¼ turn right, step right to right side, close left together

KICK, KICK ½ TURN TRIPLE STEP, KICK, KICK, COASTER

- 33-34 Kick right forward, kick right to right side
- 35&36 ½ turn triple step (right-left-right) to right
- 37-38 Kick left forward, kick left to left side
- 39&40 Step back on left, step right together, step left forward

SLOW HIPS, HIP BUMPS

- 41-44 Step forward at 45 degrees pushing hips right, hold, rock back on left 45 degrees pushing hips left, hold
- 45-48 Bump hips right-left-right-left

STEP RIGHT, CROSS, FULL TURN SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

- 49-52 Step right to right side, step left across behind right, turn full turn right while stepping right-left
- 53&54 Side shuffle right-left-right
- 55-56 Rock back on left, rock forward on right

STEP LEFT, CROSS, FULL TURN SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

- 57-60 Step left to left side, step right across behind left, turn full turn left while stepping left-right
- 61&62 Side shuffle left-right-left
- 63-64 Rock back on right, rock forward on left

REPEAT

TAG

On the 3rd wall only, dance as normal to count 21. Step back on left making $\frac{1}{2}$ turn right on count 22. Dance counts 23-24 as normal. Delete counts 25-32. Continue dancing as normal to end of music.
