

Take A Breather

拍數: 32 牆數: 4 級數: Improver
編舞者: Maggie Gallagher (UK)
音樂: I Need a Breather - Darryl Worley



STEP, DRAG, ROCKS, SIDE, TOGETHER, CHASSE RIGHT

1-2 Step left to left side, drag right to meet left
3-4 Rock back on right, rock forward on left
5-6 Step right to right side, step left next to right
7&8 Step right to right side, close left next to right, step right to right side

CROSS, TOUCH, STEP, TURN, STEP, TOUCH, STEP, HOOK & CLICKS

9-10 Cross step left across right, tap right toe behind left heel
11-12 Step back on right, make $\frac{1}{4}$ turn left stepping forward on left
13-14 Step forward on right, tap left toe behind right heel
15-16 Step back on left, hook right in front of left

Raising arms and clicking fingers in the Spanish style

RIGHT LOCK, RIGHT LOCK STEP, CROSS, BACK, STEP SWAY, SWAY

17-18 Step forward on right, lock left behind right
19&20 Step forward on right, lock left behind right, step forward on right
21-22 Cross left in front of right, step back on right
23-24 Step left to left side swaying left, sway right

HALF A FIGURE 8 VINE

25-26 Step left to left side, step right behind left
27-28 $\frac{1}{4}$ turn left step forward left, step forward right
29-30 $\frac{1}{2}$ pivot turn left, $\frac{1}{4}$ turn left step right to right side
31-32 Step left behind right, step right to right side

REPEAT

TAG 1

After wall 4 facing front - repeat steps in section 4

TAG 2

Danced during wall 9 after 24 counts

HIP BUMPS

1-2 Bump hips left, bump hips right
3-4 Bump hips left, bump hips right

RESTART

Immediately after TAG 2

TAG # 3 (BIG FINISH)

On last wall (13th facing front) after doing the first 16 counts (the hook & snaps) end the dance as follows:

17-18 Right rock recover on left
19&20 Right coaster step
21 Step forward on left turning $\frac{1}{4}$ to front
22 Cross right foot behind left touching toe in a curtsy and snap fingers