

Tailgate

拍數: 32 牆數: 4 級數: Improver west coast swing
編舞者: Dan Albro (USA)
音樂: Tailgate - Neal McCoy



HEEL, HOLD, &, HEEL, &, STEP, WALK, WALK, LUNGE, TOUCH

1-2&3&4 Touch right heel forward, hold, step right together, touch left heel forward, step left together, step right forward

5-6-7-8 Step left forward, step right forward, big step left forward, slide right together

Angling body right

SHUFFLE BACK, SHUFFLE TURN ½, SHUFFLE TURN ½, OUT, OUT, CLAP

1&2 Step right back, step left together, step right back

3&4 Turn ¼ left and step left to side, step right together, turn ¼ left and step left forward

5&6 Turn ¼ left and step right to side, step left together, turn ¼ left and step right back

&7-8 Step left to side, step right to side, clap

Easy option for counts 3&4-5&6: Don't turn. Just shuffle back left, right, left and right, left, right

TWO HIPS RIGHT, TWO HIPS LEFT, HOP FORWARD, CLAP, HOP FORWARD, CLAP

1-2-3-4 Bump hips right, bump hips right, bump hips left, bump hips left

&5-6 Step right forward, step left to side, clap

&7-8 Step right forward, step left to side, clap

SHUFFLE SIDE, ROCK, STEP, SHUFFLE TURN ¼ RIGHT, ROCK, STEP

1&2-3-4 Step right to side, step left together, step right to side, cross/rock left behind right, recover to right

5&6-7-8 Step left to side, step right together, turn ¼ right and step left back, rock right back, step left forward

REPEAT