

T-R-O-U-B-L-E X 3

COPPER KNOB
STEPSHEETS

拍數: 54 牆數: 4 級數: Intermediate/Advanced
編舞者: Mona Fjeldberg (NOR), Bente Fjerbæk & Anette C. Holtet (NOR)
音樂: T-R-O-U-B-L-E - Travis Tritt



This dance won 2nd place in Norwegian Championship

2 KICK, JUMP BACK, HOLD, 2 KICK, JUMP BACK, HOLD

1-2 Kick right foot forward twice
3-4 Jump back on right then left, hold
5-6 Kick left foot forward twice
7-8 Jump back on left then right, hold

RIGHT SYNCOPATED VINE WITH TOUCH, ¾ TURN, ½ BOOT HOOK

1-2 Right foot to right, cross left behind right
&3-4 Step right foot a bit backward, cross left in front of right, touch right toe to right side
5-6 ¾ turn to right (on ball of left, shift weight to right)
7-8 Touch left heel forward, hook left leg up to right knee

FORWARD SHUFFLE WITH LOCK, HOLD, KICK, TURN & KICK, ROCK-STEP

1-2 Step forward on left, lock right behind left
3-4 Step forward on left, hold
5-6 Kick right foot forward, turn ¼ to right & kick
7-8 Rock back on right, recover on left

TOE STRUT, TOE STRUT, STEP, KICK, KICK & TURN, HOLD

1-2 Step forward with right toe, drop heel down
3-4 Step forward with left toe, drop heel down
5-6 Step forward on right, kick left foot forward
7-8 Turn ½ to right (on right toe ball) & kick backwards with left, hold

FORWARD SHUFFLE WITH LOCK, SCUFF WITH ¼ TURN, CROSS, STEP, STEP, FIRST STEP IN WEAVE

1-2 Step forward on left, lock right behind left
3-4 Step forward on left, scuff right foot & turn ¼ to left
5-6 Cross right over left, step left back
7-8 Step right beside left, cross left in front of right

CONTINUE WEAVE, TOUCH, LEFT CHASSE, HOLD

1-2 Step right to right, cross left behind right
3-4 Step right to right, touch left beside right
5-6 Step left to left side, step right beside left
7-8 Step left to left side, hold

ROCK-STEP, STEP FORWARD, ½ TURN, STEP FORWARD, ½ TURN

1-2 Rock back on right, recover on left
3-4 Step forward on right, turn ½ to left
5-6 Step forward on right, turn ½ to left

REPEAT