

T-R-O-U-B-L-E

拍數: 40 牆數: 4 級數: Improver
編舞者: Unknown
音樂: T-R-O-U-B-L-E - Travis Tritt



HEEL DIGS

- 1-2 Right heel forward, touch home
- 3-4 Right heel forward, touch home
- 5-6 Left heel forward, touch home
- 7-8 Left heel forward, touch home

SIDE KICKS

- 1-2 Right heel out to side (weight on left foot), together center
- 3-4 Left heel out to side (weight on right foot), together center
- 5-6 Right heel out to side (weight on left foot), together center
- 7-8 Left heel out to side (weight on right foot), together center

HITCH KICKS: RIGHT FOOT

- 1-2 Kick right leg forward, hitch across knee to left side
- 3-4 Kick right leg forward, hitch back
- 5-6 Kick right leg forward, hitch across knee to left side
- 7-8 Kick right leg forward, hitch back

HITCH KICKS: LEFT FOOT

- 1-2 Kick left leg forward, hitch across knee to right side
- 3-4 Kick left leg forward, hitch back
- 5-6 Kick left leg forward, hitch across knee to right side
- 7-8 Kick left leg forward, hitch back

STEP TOUCHES

- 1-2 Step left foot forward and diagonally left, touch right foot behind left
- 3-4 Step right foot back and diagonally right, touch left foot in front of right
- 5-6 Step left foot forward and diagonally left, touch right foot behind left
- 7&8 Step right foot back and diagonally right, turn ¼ to the left, end with weight on left foot

Option:

- 5-6 Step left foot forward and diagonally left, (pivot ¼ turn on left foot to the left) touch down on right
- 7&8 Stomp right foot 3x

REPEAT

Side kicks and hitch kicks should be done in "jumping jack" style

Variation: at the beginning of walls 4 & 8, hop to the left on counts 5-8 on right foot, and start the dance again on count 9