

T-Bone Shuffle Boogie (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Liam Cotton & Cathryn Cormack
音樂: T-Bone Shuffle - Boz Scaggs



Position: Right Side by Side position (Sweetheart). Both the Man's and Lady's steps are the same
Based on the line dance by Peter Metelnick

RIGHT STOMP, LEFT BRUSHES, LEFT SHUFFLE, SUGARFOOT STEPS

1-2 Stomp forward right, brush left forward
3-4 Brush left back across right, brush left forward
5&6 Step forward left, close right to left, step forward left
7-8 Right sugar foot step, left sugar foot step

Alternative: skate right then left

9-16 Repeat steps 1-8

RIGHT ROCK STEP, RIGHT COASTER STEP, 2 X ½ PIVOT TURNS

17-18 Rock forward right, rock back onto left
19&20 Step back right, step together left, step forward right
Hands: drop left hands, raise right
21-22 Step forward left, pivot ½ turn right placing weight onto right
23-24 Step forward left, pivot ½ turn right placing weight onto right

The man completes an underarm turn

Hands: rejoin hands in Right Side By Side (Sweetheart)

LEFT ROCK STEP, LEFT COASTER STEP, 2 X ½ PIVOT TURNS

25-26 Rock forward left, rock back onto right
27&28 Step back left, step together right, step forward left
Hands: drop right hands, raise left
29-30 Step forward right, pivot ½ turn left placing weight onto left

The man completes an underarm turn

31-32 Step forward right, pivot ½ turn left placing weight onto left

The lady completes an underarm turn

Hands: rejoin hands in Right Side By Side (Sweetheart)

ONE AND A QUARTER WINDMILL TURN, TRIPLE ¼ TURN LEFT

Hands: raise left hands to shoulder height

33-34 Step ¼ turn on right, hitch left

Both face outside wall (OLOD), man behind lady in Indian Position

Hands: raise left hands, drop right

35-36 Step back on left turning ¼ turn right, hitch right spinning a further ¼ turn

Lady goes underarm to face center (ILOD), man turns with lady to face center (ILOD), lady behind man in Reverse Indian Position

Hands: as lady goes underarm (count 36) pick up right hand at waist level, drop left hands, raise right for count 37

37-38 Step ¼ turn right, hitch left pivoting a further ¼ turn on ball of right foot

Both now face outside wall (OLOD) man behind lady

Hands: rejoin left hands as lady completes underarm turn, and in Indian Position

39&40 Triple step (left, right, left) ¼ turn into line of dance (LOD)

Hands: hands remain joined, on count 40 return to Right Side By Side Position

2 X RIGHT KICK BALL CHANGE, 2 X ½ PIVOT TURNS

41&42 Kick right forward, step right beside left, step left in place

43&44 Kick right forward, step right beside left, step left in place

Hands: drop right hands raise left

45-46 Step forward right, pivot $\frac{1}{2}$ turn left placing weight forward onto left. Man goes underarm

47-48 Step forward right, pivot $\frac{1}{2}$ turn left placing weight forward onto left. Lady goes underarm

Hands: rejoin hands in Right Side By Side

REPEAT
