

T-Tyme Shuffle

拍數: 58 牆數: 4 級數: Advanced
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音樂: The Tulsa Shuffle - The Tractors



SUZY-Q RIGHT; GRAPEVINE LEFT

1-2 Swivel heels right; swivel toes right
3-4 Swivel heels right; swivel toes right
5-6 Step left foot to left side; cross-step right behind left
7-8 Step left foot to left side; hitch right knee.

TWO FORWARD SHUFFLES

9&10 Step right forward; step left together; step right forward
11&12 Step left forward; step right together; step left forward

KNEE SWIVEL

13-14 Bend knees and swivel to right; straighten knees and swivel to center

STEP; ½ TURN; KICK TWICE

15-16 Step right foot forward; pivot ½ turn left
17-18 Kick right foot forward twice

TWO SAILOR SHUFFLES

19&20 Cross-step right foot behind left; step ball of left beside right; step right in place
21&22 Cross-step left foot behind right; step ball of right beside left; step left in place

¼ TURN; TWO KICK-BALL-CHANGES

23-24 Step right foot forward; pivot ¼ turn left
25&26 Kick right foot forward; step slightly back on ball of right; step left in place
27&28 Kick right foot forward; step slightly back on ball of right; step left in place

¼ TURN, TWO KICK-BALL-CHANGES

29-30 Step right foot forward; pivot ¼ turn left
31&32 Kick right foot forward; step slightly back on ball of right; step left in place
33&34 Kick right foot forward; step slightly back on ball of right; step left in place

DOUBLE JAZZ SQUARE

35-37 Cross-step right foot over left; step back on left; step right to right side
38-40 Cross-step left foot over right; step back on right; step left to left side

GRAPEVINE RIGHT; GRAPEVINE LEFT

41-42 Step right to right side; step left behind right
43-44 Step right to right side; scuff left beside right
45-46 Step left to left side; step right behind left
47-48 Step left to left side; kick right forward

¼ TURN KICK; TWO SHUFFLES BACK

49-50 Bend right knee and kick right foot back making ¼ turn left; kick right foot forward
51&52 Step back on right; step left together; step back on right
53&54 Step back on left; step right together; step back on left

STEP FORWARD; STEP TOGETHER; STEP FORWARD; STEP TOGETHER

55-56 Step right foot forward; step left beside right
57-58 Step right foot forward; step left beside right.

REPEAT
