

T & S Waltz

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Dan Wilson (USA) & Phyllis Tom (USA)
音樂: You Make The Moonlight - 4 Runner



FORWARD, ROCK SIDE, RECOVER - FORWARD, ROCK SIDE, RECOVER

1-2-3 Step left forward, rock right to right side slightly forward, recover left slightly forward
4-5-6 Step right forward, rock left to left side slightly forward, recover right slightly forward

FORWARD, TOGETHER, FORWARD - TOGETHER, HOLD, ¼ RIGHT

1-2-3 Step left forward, step right beside left, step left forward
4-5&6 Step right beside left, hold, pivot ¼ right on ball of left and heel of right, (roll weight forward onto right foot)

STEP, LOCK, TURN LEFT - STEP, LOCK, TURN RIGHT

1-2&3 Step left forward, lock step right forward, pivot ¼ left on ball of right, step left forward
4-5&6 Step right forward, lock step left forward, pivot ¼ right on ball of left, step right forward

SIDE ROCK, FULL TURN RIGHT - SWAY, SWAY

1-4 Rock left to left side, recover right into ¼ turn right, step left forward into ½ turn right, step right back into ¼ turn right completing full turn
5-6 Sway left, recover right

ROCK FORWARD, BACK, HEEL TURN ½ RIGHT - FORWARD ½ SPIRAL, SIDE, CROSS

1-2&3 Rock left forward, recover right, pivot ½ turn right on both heels, (roll weight forward onto left toe and right foot)
4-5-6 Step left forward spinning ½ right on ball of left foot (spiral turn), step right to side, cross step left over right

POINT, HOLD & CROSS - POINT, HOLD & CROSS

1-2&3 Point right forward diagonal right, hold, small step back on right, cross step left over right
4-5&6 Point right forward diagonal right, hold, small step back on right, cross step left over right

SIDE ROCK, RECOVER, CROSS BEHIND - ¼ LEFT, ¾ SPIRAL, STEP SIDE

1-2-3 Rock right to right side, recover left, cross step right behind left
4-5-6 Step left into ¼ turn left, step right forward spinning ¾ turn left on ball of right foot (spiral turn), step left to left side

CROSS, SLOW UNWIND ½ TURN - STEP BACK, DRAG, STEP TOGETHER

1-2-3 Cross step right over left, unwind ½ turn left for two counts (weight right)
4-5-6 Step left back diagonal left, drag right slowly toward left, step right next to left

REPEAT

TAG

If using "You Make The Moonlight", there is a 9 count tag at the end of the second wall and a 3 count tag at the end of the fourth wall. Wall 5, dance first 32 counts ¼ left to front wall and bow or curtsy to finish dance. If using "Can I Have This Dance", there is a 3 count tag at the end of the second and fourth walls. Wall 6, dance first 12 counts touch left toe behind right and bow or curtsy to finish dance. (See tag below)

TAG

For 3 count tag, do 6 below and counts 1, 2, 3; for 9 count tag, do 6 below and counts 1 thru 9
TOUCH - BACK, DRAG, TOUCH - COASTER FORWARD - COASTER BACK

6 Touch right next to left (instead of "step right next to left" as above on count 48 of dance)

1-2-3 Step right back diagonal right, drag left slowly toward right, touch left beside right

4-5-6 Step left forward, step right beside left, step left back

7-8-9 Step right back, step left beside right, step right forward

To execute the Heel Turn $\frac{1}{2}$ Right (counts 2&3): As you recover on the right (2) start to pivot on the heels of both feet. As you pivot through the $\frac{1}{4}$ point of the turn, transfer from the left heel to the left toe and continue to pivot on the right heel and left toe until the turn is complete (&). End up with weight right (3).
