

T & C Shuffle

拍數: 56 牆數: 4 級數: Improver
編舞者: Tony Rimmer & Carol Rimmer
音樂: 29 Nights - Danni Leigh



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|-------|-----------------------------------------------------------------|
| 1&2 | Right heel ball cross |
| 3&4 | Right heel ball cross |
| 5-6 | Rock on to right, recover weight on to left |
| 7&8 | Right sailor step |
| 9-10 | Left heel ball cross |
| 11-12 | Left heel ball cross |
| 13&14 | Rock on to left and right, recover weight on to left |
| 15&16 | Left sailor step |
| 17-18 | Kick right forward, kick right to right side |
| 19&20 | Right backward coaster step |
| 21-22 | Kick left forward, kick left to left side |
| 23&24 | Left backward coaster step |
| 25&26 | Right forward shuffle |
| 27&28 | Left forward shuffle |
| 29-30 | Rock forward on to right, recover weight on to left |
| 31&32 | ½ shuffle turn over right shoulder on right, left, right |
| 33-34 | Rock forward on to left, recover weight on to right |
| 35&36 | Left backward coaster step |
| 37&38 | Right forward shuffle |
| 39&40 | Left forward shuffle |
| 41-42 | Rock forward on to right, recover weight on to left |
| 43&44 | ¾ shuffle turn right on right, left, right |
| 45-46 | Rock forward on left, recover weight on to right |
| 47&48 | Left backward coaster step |
| 49&50 | Right side shuffle on right, left, right |
| 51-52 | Cross rock left behind right, recover weight forward onto right |
| 53&54 | Left side shuffle on left, right, left |
| 55-56 | Cross rock right behind left, recover weight forward onto left |

REPEAT
