

T & C Shuffle

拍數: 56 牆數: 4 級數: Improver
編舞者: Tony Rimmer & Carol Rimmer
音樂: 29 Nights - Danni Leigh



1&2	Right heel ball cross
3&4	Right heel ball cross
5-6	Rock on to right, recover weight on to left
7&8	Right sailor step
9-10	Left heel ball cross
11-12	Left heel ball cross
13&14	Rock on to left and right, recover weight on to left
15&16	Left sailor step
17-18	Kick right forward, kick right to right side
19&20	Right backward coaster step
21-22	Kick left forward, kick left to left side
23&24	Left backward coaster step
25&26	Right forward shuffle
27&28	Left forward shuffle
29-30	Rock forward on to right, recover weight on to left
31&32	½ shuffle turn over right shoulder on right, left, right
33-34	Rock forward on to left, recover weight on to right
35&36	Left backward coaster step
37&38	Right forward shuffle
39&40	Left forward shuffle
41-42	Rock forward on to right, recover weight on to left
43&44	¾ shuffle turn right on right, left, right
45-46	Rock forward on left, recover weight on to right
47&48	Left backward coaster step
49&50	Right side shuffle on right, left, right
51-52	Cross rock left behind right, recover weight forward onto right
53&54	Left side shuffle on left, right, left
55-56	Cross rock right behind left, recover weight forward onto left

REPEAT
