

# Syncopated Swing

COPPER KNOB  
BYEFOOTETS

拍數: 32      牆數: 2      級數: Intermediate/Advanced  
編舞者: Pete Burdack (USA)  
音樂: This Is How a Heart Breaks - Rob Thomas



## WALK WALK, POINT BALL CROSS, SWEEP LEG, POINT BALL CROSS

- 1-2      Weight on right walk back left then back right  
3&4      Point left foot to the left, bring left foot slightly in and cross right over left  
5-6      Sweep left foot from behind around directly in front without weight  
&7&8      Rock back on right, point left foot forward with little weight, bring left slightly in with weight and cross right over left while quarter turning to the right

## TURN STEP, COASTER STEP, SIDE BEHIND, SLIDE BALL CROSS

- 1-2      Step left with left while quarter turning to the right then step back on the right  
3&4      Step back on the left, together with the right, step forward on the left  
5-6      Step forward with a quarter turn with the right foot, step left foot behind right  
7&8      Push off left foot and slide on right, step left ball behind right, and cross right foot over left

## SIDE ROCK, BEHIND AND IN FRONT, SLIDE, CROSS HALF TURN

- 1-2      Step left foot to the left rocking weight and then replace weight back on right  
3&4      Step left behind right, step side right, step left in front of right  
5-6      Push off left foot and do a two count slide on the right foot  
&7-8      Step left foot behind right, crossing right over left, unwind  $\frac{1}{2}$  turn over left shoulder, keeping weight on the right

## SAILOR STEP, SAILOR STEP, KICK BALL CROSS, ROCK TURN

- 1&2      Step left foot behind right, step side to the right with right, step to the left with left  
3&4      Step right foot behind left, step side to the left with left, step to the right with right  
5&6      Kick left foot forward, place weight on ball of left, cross right foot over left  
7-8      Step left foot to the left and left quarter turn while placing weight back on right

REPEAT

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