

Syncopated Swing

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Bev Kerins (USA)
音樂: That Girl's Been Spyin' On Me - Billy Dean



SHUFFLE RIGHT-LEFT-RIGHT, ROCK, ROCK

1&2 Step right foot to right, step left foot next to right, step right foot to right
3 Rock left foot back behind right
4 Rock right foot forward

SHUFFLE LEFT-RIGHT-LEFT, ROCK, ROCK

5&6 Step left foot to left, step right foot next to left, step left foot to left
7 Rock right foot back behind left
8 Rock left foot forward

KICK BALL CHANGE, KICK BALL CHANGE

9 Kick right foot forward
& Step on ball of right foot next to left
10 Quickly change weight to left foot
11 Kick right foot forward
& Step on ball of right foot next to left
12 Quickly change weight to left foot

SYNCOPATED STEPS: OUT, OUT, IN, IN, OUT, OUT, IN, IN

&13 Step right foot to right side, step left foot to left side
&14 Step right foot in, step left foot next to right
&15 Step right foot to right side, step left foot to left side
&16 Step right foot in, step left foot next to right

SHUFFLE FORWARD RIGHT-LEFT-RIGHT, STEP, TURN

17&18 Step forward right foot, step left foot next to right, step right foot forward
19-20 Step left foot forward, pivot ½ turn right, transferring weight to right foot

SHUFFLE FORWARD LEFT-RIGHT-LEFT, STEP, TURN

21&22 Step forward left foot, step right foot next to left, step left foot forward
23 Step forward right foot & pivot on right foot ¼ turn left
24 Step left foot next to right

STEP, HOLD, ROCK, HOLD

25-26 Step right foot in place, hold
&27 Rock back onto left foot, rock forward onto right foot
28 Hold

& FRONT & BACK & FRONT, STEP

&29 Step left foot to left side, cross right foot in front of left
&30 Step left foot to left side, cross right foot behind left
&31 Step left foot to left side, cross right foot in front of left
32 Step left foot to left side

REPEAT

