

Syncopated

拍數: 48 牆數: 4 級數: Improver
編舞者: Cindy Smith
音樂: Somebody Like You - Keith Urban



2 TOE TAPS AND STOMP MOVING FOOT SLIGHTLY FORWARD

1&2 Tap right toe twice towards middle of left, stomp right slightly forward
3&4 Tap left toe twice towards middle of right, stomp left slightly forward
5&6 Tap right toe twice towards middle of left, stomp right slightly forward
7&8 Tap left toe twice towards middle of right, stomp left slightly forward

RIGHT HEEL JACK, LEFT HEEL JACK, BOUNCE HEELS

&1 Touch right heel forward, right beside left
&2 Touch left heel forward, left beside right
&3 Touch right heel forward, right beside left
&4 Raise both heels up, bounce both heels down

&5 Touch left heel forward, left beside right
&6 Touch right heel forward, right beside left
&7 Touch left heel forward, left beside right
&8 Raise both heels up, bounce both heels down

BACKWARD SHUFFLES

1&2 Step back on right, slide left beside right, step back on right
3&4 Step back on left, slide right beside left, step back on left
5&6 Step back on right, slide left beside right, step back on right
7&8 Step back on left, slide right beside left, step back on left

RIGHT AND LEFT SAILOR STEPS

1&2 Swing right behind left, step left to left, step right beside left
3&4 Swing left behind right, step right to right, step left beside right
5&6 Swing right behind left, step left to left, step right beside left
7&8 Swing left behind right, step right to right, step left beside right

RIGHT SHUFFLE FORWARD, COASTER STEP, RIGHT SHUFFLE BACKWARDS, COASTER STEP

1&2 Step right forward, slide left beside right, step right forward
3&4 Step left forward, step right beside left, step left slightly back
5&6 Step back on right, slide left beside right, step back on right
7&8 Step left forward, step right beside left, step left slightly forward

FORWARD SHUFFLE, SHUFFLE WITH ¼ TURN RIGHT, SHUFFLE WITH ¾ TURN RIGHT, SHUFFLE WITH ¼ TURN RIGHT

1&2 Step right forward, slide left beside right, step forward right
3&4 Step left forward starting ¼ turn right, step right beside left, left beside right
5&6 Swing right behind left making ½ turn right, step left beside right, make ¼ turn right with right
7&8 Step left forward starting ¼ turn right, step right beside left, left beside right

REPEAT