

Sylvia's Mambo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Sylvia Schell (USA)
音樂: Melbourne Mambo - The Mavericks



CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE

1-2 Step right foot across left, recover on left
3&4 Cross right foot over left and shuffle (right, left, right)
5-6 Step forward on left, turn ½ turn to right (weight goes to right)
7&8 Left side shuffle (left, right, left)

CROSS ROCK, RECOVER, CROSS SHUFFLE, STEP, ½ TURN, SIDE SHUFFLE

1-2 Step right foot across left, recover on left
3&4 Cross right foot over left and shuffle (right, left, right)
5-6 Step forward on left, turn ½ turn to right (weight goes to right)
7&8 Left side shuffle (left, right, left)

RIGHT CROSS SHUFFLE, LEFT CROSS SHUFFLE, RIGHT CROSS SHUFFLE LEFT CROSS SHUFFLE

1&2 (Angle slightly left) right cross shuffle (right, left, right)
3&4 (Angle slightly right) left cross shuffle (left, right, left)
5&6 (Angle slightly left) right cross shuffle (right, left, right)
7&8 (Angle slightly right) left cross shuffle (left, right, left)

STEP, ½ PIVOT TURN, ROCK, RECOVER, BODY ROLL, ROCK, RECOVER

1-2 Step forward on right, turn ½ turn left (weight goes to left)
3-4 Rock forward on right, recover on left
5-6 Rock forward on right starting body roll, recover on left completing body roll
7-8 Rock back on right, recover on left

REPEAT
