

# Swivelled Up

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 0      級數:  
編舞者: Jamie Marshall (USA)  
音樂: Bad for Good - Deryl Dodd



## STOMP HOLDS, HEELS, BEND, SWIVEL TOES

- 1-2            Stomp forward left, hold (put some bounce into it)
- 3-4            Stomp right next to left, hold (put some bounce into it) (leaving weight on left)
- 5-6            Swivel right heel to right, swivel left heel to right (taking weight on heels)
- 7-8            Bend at knees, raising elbows up and out to sides, swivel toes to right, lowering arms

## SWIVELS

- 9-10           Swivel toes to left, swivel heels to left
- 11&12        Swivel heels to right, swivel heels to left, swivel heels to right
- 13-14        Swivel heels to left, swivel toes to left
- 15&16        Swivel heels to right, swivel heels to left, swivel heels to center

## KICK, SIDE, STEPS, KICK, FORWARD LOCK STEPS, PIVOT TURNS

- 17&           Kick right foot forward, step right next to left
- 18&           Step left to left, step right in place
- 19&           Kick left forward, step left next to right
- 20&           Step right to right, step left in place
- 21&           Kick right forward, step right forward kicking left behind right
- 22&           Lock step left behind right, raising right over left, step right forward
- 23-24        Step left forward, pivot ½ right, placing weight on left

## STEP PIVOT, ¼ RIGHT BUMPS, STEPS, HITCH

- 25-26        Step right back, pivot ¼ right
- 27&           Bump right, bump left
- 28&           Bump right, bump left
- 29-30        Step right forward, clap
- &31-32       Step left next to right, step right forward, hitch left next to right

## REPEAT

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