

Switch It

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Ali Cat
音樂: Celtic Fire (Live) - Ronan Hardiman



SIDE SWITCHES, HEEL SWITCHES, TOE TAP, HEEL JACKS TWICE, (4 WALLS ONLY)

- 1&2 Point right toe to right side, step right beside left, point left toe to left side
- &3 Step left beside right, tap right heel forward
- &4 Step right beside left, tap left heel forward
- &5 Step left beside right, touch right toe to left instep
- &6 Step back on right foot, tap left heel forward
- &7 Step left foot back in place, touch right toe next to left
- &8& Step back on right foot, tap left heel forward, step left back in place taking weight

Replace the above section on wall 5 with new section

SIDE-BEHIND, CHASSE RIGHT, CROSS-UNWIND, SHUFFLE

- 9-10 Step right to right side, cross left behind right
- 11&12 Step right to right side, step left beside right, step right to right side
- 13-14 Cross left over right, unwind $\frac{3}{4}$ turn right, (now facing 9 o'clock, weight on right)
- 15&16 Step forward on left, step right beside left, step forward on left

STOMP, SCUFF, BRUSH-TAP, SHUFFLE, STEP-PIVOT $\frac{1}{2}$ TURN

- 17-18 Stomp right foot forward, scuff left foot forward
- 19-20 Brush left back across right, tap left toe down across right
- 21&22 Step forward on left, step right beside left, step forward on left foot
- 23-24 Step forward on right, pivot $\frac{1}{2}$ turn left, (facing 3 o'clock)

STOMP, SCUFF, BRUSH-TAP, SHUFFLE, STEP-PIVOT $\frac{1}{2}$ TURN

- 25-32 Repeat counts 17-24 to end up facing 9 o'clock

SYNCOPATED STEPS TRAVELING FORWARD, SCUFF, STEP BACK, ROCK-RECOVER

- 33&34 Step forward on right, step left next to right, step forward on right
- &35 Step left next to right, step forward on right
- &36 Step left next to right, step forward on right
- 37-38 Scuff left foot forward, step back on left foot
- 39-40 Rock back on right, recover on forward on left

SYNCOPATED STEPS TRAVELING FORWARD, SCUFF, STEP BACK, ROCK-RECOVER

- 41-48 Repeat counts 33-40

REPEAT

This dance is called Switch-It for a reason. You dance the first 4 walls as written above. This will bring you back to the front wall. Then on wall 5 (front) change the first 8 counts for the section below & continue dancing the dance till the end of the track using the new section below as section one

TOE-HEEL, CROSS-HEEL, TOE-HEEL, CROSS, HITCH, (WALL 5 TILL END OF DANCE)

- 1-2 Touch right toe to left instep, tap right heel to right diagonal
- 3-4 Cross right over left tapping toe down, tap right heel to right diagonal
- 5-6 Touch right toe to left instep, tap right heel to right diagonal
- 7-8 Cross right over left tapping toe down, hitch right