

Swingin' Mambo

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chris Peel (UK)
音樂: Swingit - Bus Stop



MAMBO RIGHT, MAMBO LEFT, MAMBO FORWARD, MAMBO BACK

1&2 Rock right to side, rock weight onto left, step right beside left
3&4 Rock left to side, rock weight onto right, step left beside right
5&6 Rock right forward, rock weight onto left, step right beside left
7&8 Rock left back, rock weight onto right, step left beside right

KICK-BALL CHANGE, COASTER FORWARD, COASTER BACK, KICK-BALL ¼ TURN LEFT

9&10 Kick right forward, step right beside left, step left in place
11&12 Step right forward, step left beside right, step right back
13&14 Step left back, step right beside left, step right forward
15&16 Kick right forward, step right beside left, step ¼ turn left

POINT-TOUCH, POINT, FORWARD-CLAP HOLD & LOOK TO SIDE/BEND ARMS TO POINT (LEADING RIGHT, THEN LEFT)

17&18 Point right to side, touch right beside left, point right to side
19&20 Step right forward, clap, hold

Arms: right arm across midriff, left out to side pointing left

21&22 Point left to side, touch left beside right, point left to side

Arms: left arm across midriff, right out to side pointing right

23&24 Step left forward, clap, hold

PIVOT ½ TURN, SIDE MAMBO WITH KICK (LEADING RIGHT, THEN LEFT)

25&26 Step right forward into pivot ½ turn left, switch weight forward onto left, step right beside left
27&28 Rock left to side, rock weight onto right, kick left diagonally forward left
29&30 Step left forward into pivot ½ turn right, switch weight forward onto right, step left beside right
31&32 Rock right to side, rock weight onto left, kick right diagonally forward right

REPEAT
