

Swinging Jeans

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate west coast swing
編舞者: Nancy Morgan (USA) & Pepper Siquieros (USA)
音樂: Built For Blue Jeans - Tyler Dean



WALK, WALK, SIDE AND CROSS, ¼ TURN, ½ TURN, MAMBO STEP

- 1-2 Walk forward right, left
- 3&4 Step right foot out to right side and return to left (like a side rock), cross right over left
- 5 Step back on left as you turn ¼ turn to your right
- 6 Step forward on right as your turn ½ turn to your right
- 7&8 Rock step forward on left, recover back on right, step back on left (facing 9:00)

½ TURN, ½ TURN, BALL-CROSS, POINT, HEEL-TOE SWIVELS WITH KNEE TWISTS, ¼ TURN KICK

- 1 Make ½ turn to your right stepping forward on right
 - 2 Make ½ turn to your right stepping back on left
- Easier option for counts 1-2: walk back right, left**
- &3-4 Step back on ball of right, cross left over right, point right to the right side
 - 5-6 Swivel left heel to right & twist right knee in, swivel left toe to right & twist right knee out
 - 7-8 Swivel left heel to right & twist right knee in, make ¼ turn right with weight on left as you turn right knee out and kick right foot forward (facing 12:00)

Easier option for counts 5-7: turn right knee in-out-in

COASTER STEP, ROCK STEP, LOCK SHUFFLES BACK

- 1&2 Step back on right, step left next to right, step forward on right
- 3-4 Rock forward on left, recover on right
- 5&6 Step back on left, cross right over left, step back on left
- 7&8 Step back on right, cross left over right, step back on right

Styling: add some hip action as you lock step back (facing 12:00)

ROCK STEP, STEP-LOCK-STEP, KICK-BALL-CROSS, POINT, ¼ TURN FLICK

- 1-2 Rock back on left, recover forward on right
- 3&4 Step forward on left, slide right behind left, step forward on left
- 5&6 Kick right foot forward, step slightly back on ball of right, cross left over right
- 7-8 Point right toe to right side, make ¼ turn left on ball of left and flick right foot behind you (facing 9:00)

REPEAT
