

Swingin' Easy

COPPER KNOB
BY STEPHEN

拍數: 0 牆數: 1 級數: Beginner
編舞者: Jamie Marshall (USA)
音樂: Swingin' - Blu Cantrell



Sequence: AAB, 4 count tag, AAB, etc.

PART A: VERSE

WALK, POINTS, SHUFFLE, PIVOT

1-2 Walk forward right, left
3-4 Point right forward, point right back
5&6 Shuffle forward right, left, right
7-8 Step forward left, pivot ½ right stepping forward with right

WALK, POINTS, SHUFFLE, PIVOT

1-2 Walk forward left, right
3-4 Point left forward, point left back
5&6 Shuffle forward left, right, left
7-8 Step forward right, pivot ½ left stepping forward with left

CROSS ROCKS, STEP FORWARD, HEEL SWIVELS

1&2 Cross rock right over left, recover on left, step right to right
3&4 Cross rock left over right, recover on right, step left to left
5-6 Step forward right, step left next to right
&7 Swivel heels out, center
&8 Swivel heels out, center

MONTEREY TURN, SLOW SAILOR, CROSS BEHIND, SIDE STEP, SLIDE

1-2 Point right to right, pivot ½ right stepping right next to left
3-4 Point left to left, step left next to right
5& Cross right behind left, step left to left
6& Step right to right, cross behind right
7-8 Long step right to right, step left next to right

PART B: CHORUS

1-2 Point right to right, cross right over left
3-4 Point left to left, cross left behind right
5&6& Cross right over left, step back on left, step right to right, turning ¼ right, step left forward
7-8 Tap right heel forward twice

Repeat 4 times

There is a 4-count tag after completing Part B the first time. Use your imagination and do something funky for those 4 counts.