

# Swingin' Boogie

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Rick House (USA)  
音樂: Countin' Stars Off The Water - Bart Roy



## SYNCOPATED CHA-CHA STEP AND ROCK STEP

The footwork for Counts 1-4 in this dance is the same as the man's basic triple step in the East Coast Swing Counts 3-6; Counts 5-8 are merely a reversal (also the same as the lady's swing Counts 3-6).

- 1-2      Right foot step right, left foot step to close to right foot, and right foot step to the right
- 3      Left foot step behind right and weight rocks backward
- 4      Weight rocks forward
  
- 5-6      Left foot step to the left, right foot step to close to left foot, and left foot step to the left
- 7      Right foot step behind left foot and weight rocks backward
- 8      Weight rocks forward

## STOMPS, SWIVELS, SPLITS

- 9      Right foot stomp forward
- 10      Left foot stomp to close to right foot
- 11      Toes pivot 1/8 turn to the left
- 12      Heels bounce up and down
- 13      Toes pivot 1/8 turn to the right
- 14      Heels bounce up and down
- 15      Toes pivot, heels swing apart
- 16      Toes pivot, heels swing together

## SYNCOPATION IN STEPS AND SCUFFS, AND PARTIAL VINE TO THE LEFT

- 17      Right foot step diagonally forward and to the left
- 18-19      Left foot scuff beside right foot, left knee lifts until thigh is parallel to the floor, and left foot step forward in front of right foot
- 20-21      Right foot scuff beside left foot, right knee lifts until thigh is parallel to the floor, and right foot step forward in front of left foot
- 22      Left foot step to the left
- 23      Right foot step behind left leg to the left
- 24      Left foot step to the left

## 2 SETS-STEP AND PIVOT ½ TURN TO THE LEFT, JUMPING JACK, AND PIVOT ½ TURN TO THE LEFT

- 25      Right foot step forward
- 26      Toes pivot ½ turn to the left
- 27      Right foot step forward
- 28      Toes pivot ½ turn to the left
- 29      Right foot stomp to close to left foot
- 30      Jump up, spreading feet shoulder width apart
- 31      Jump up, crossing right foot in front of left leg to the left
- 32      Toes pivot ½ turn to the left

**REPEAT**