

Swingin To The Westcoast

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 4 級數: Intermediate
編舞者: Nancy Morgan (USA)
音樂: Love Gets Me Every Time - Shania Twain



WEST COAST 4 BASIC COUNTS, FEET OUT TO SIDES

- 1-2 Walk forward with right foot then left foot
3-4 Touch right foot next to left, then step back with right
5&6&7&8 Put left toe out to left side, quickly put left foot next to right as you, quickly put right toe out to right side, quickly put right foot next to left and quickly, put left toe out to left side, quickly put left foot next to right and touch right toe next to left foot
1-8 Repeat steps 1 thru 8 above

STEP RIGHT FORWARD, ¼ TURN LEFT, KICK-BALL-CHANGE, REPEAT

- 1-2 Step forward with right foot, then do ¼ turn to left
3&4 Kick-ball-change with right foot (kick with right, set right next to left lifting, left off floor then putting left back on floor)
5-6-7&8 Repeat steps 1 thru 4

ROCK STEP, HEEL, TOE, ½ TURN RIGHT HEEL, STOMP FOOT, COASTER STEP, REPEAT

- 1-4 Rock step (step right foot forward shifting weight from right to left), touch right heel forward, touch right toe back
5-6 Turning ½ turn to your right tap heel forward, stomp right foot forward
7&8 Coaster step (step back on your left, then back on your right, then forward left)
1-8 Repeat steps 1 thru 8

VINE RIGHT WITH BRUSH, VINE LEFT WITH STOMP

- 1-4 Step forward on right, step left foot behind, step right foot to side of left, brush left foot forward
5-8 Step forward on left, step right foot behind left, step left foot to side of right, stomp right next to left

STEP RIGHT FORWARD, ¼ TURN LEFT, STOMP, BRUSH, SHUFFLE BACK, COASTER STEP

- 1-4 Step forward on right, then turn ¼ turn to left, stomp right next to left, then brush your right
5&6 Shuffle back right, left, right (step back right, then left, then right quickly)
7&8 Coaster step (step back on your left, then back on your right, forward on your left)

REPEAT
