

Swing Time Boogie

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA)
音樂: Swing City - Roger Brown & Swing City



STOMP FORWARD (PROGRESSIVELY SMALLER)

- 1-4 Stomp right foot forward; hold for 3 counts
- 5-8 Stomp left foot forward; hold for 3 counts
- 9-10 Stomp right foot slightly forward; hold for 1 count
- 11-12 Stomp left foot slightly forward; hold for 1 count
- 13-16 Using very small steps, stomp forward right; left; right; left

Use of hands for styling on this section is very effective - use your imagination.

MONTEREY TURN

- 17 Touch right toe to right side
- 18 Pivot ½ turn to right on left foot and draw right foot next to left foot, shifting weight to right foot
- 19 Touch left toe to left side
- 20 Place left foot next to right foot with weight

STEP, ½ TURN, STEP, KICK

- 21 Step forward on right foot
- 22 Pivot ½ turn left on ball of left foot
- 23 Step forward on right foot
- 24 Kick left foot forward

STEP, CROSS, TOE, HEEL, CROSS, TOE, HEEL, CROSS

- 25 Step back with left foot
- 26 Cross right foot in front of left foot
- 27 Touch left toe next to right foot
- 28 Touch left heel slightly left of right foot
- 29 Cross (step) left foot in front of right foot with weight
- 30 Touch right toe next to left foot
- 31 Touch right heel slightly right of left foot
- 32 Cross (step) right foot in front of left foot with weight

When you are comfortable with Counts 27-32, this section can be done while twisting for style

STEP LEFT, RIGHT, CROSS, CLAP, BUMP RIGHT, BUMP LEFT

- 33 Step left foot to left side
- 34 Step right foot to right side
- 35 Cross (step) left foot in front of right foot
- 36 Hold 1 count while clapping hands
- 37 Step right foot to right side and bump right hip to right side at same time
- 38 Bump right hip to right side again
- 39-40 Bump left hip to left side twice

STOMP, CLAP, STOMP, CLAP

- 41 Stomp right foot forward
- 42 Clap hands
- 43 Stomp left foot forward
- 44 Clap hands

SHUFFLE, ½ TURN, SHUFFLE

45&46 Step right foot back; drag left foot to right foot; step right foot back
& Pivot ½ turn to left on ball of right foot
47&48 Step left foot forward; drag right foot to left foot; step left foot forward

STEP, ½ TURN, PLACE, PLACE, TWIST

49 Step forward on right foot
50 Pivot ½ turn left on ball of left foot
51 Step right foot forward
52 Step left foot forward, even with right foot and about a shoulder's width apart
53-56 On balls of both feet, twist from the waist down - knees to the right, then left, then right, then center with weight ending on left foot

SHUFFLE, STEP, ½ TURN, ¾ TURN, ROCK, STEP

57&58 Step right foot forward; drag left foot to right foot; step right foot forward
59 Step forward on left foot
60 Pivot ½ turn right on ball of right foot
61&62 Triple in place left, right, left, while making a ¾ turn right
63 Step (rock) weight back on to right foot
64 Shift (rock) weight forward on to left foot

REPEAT

TAG

On wall 1, for counts 63-64, instead of a rock step, you should do the following:

63 Step weight on to right foot
64 Touch left foot next to right foot

Then begin wall 2 by stepping left with left foot for counts 33-64. All other walls will end with the rock step as described above and will use the entire 64 counts.

REPEAT
