

Swing The Mood

COPPER KNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Intermediate
編舞者: William Ambrose (UK)
音樂: Tracks 43-54 - Jive Bunny & The Mastermixers



RIGHT AND LEFT STRUTS FORWARD, TOE HEEL SWIVELS TRAVELING RIGHT

1-2 Step right toe forward, step right heel down
3-4 Step left toe forward, step left heel down
5 Touch right toe beside left while twisting left heel to right side
6 Touch right heel beside left while twisting left toe to right side
7-8 Repeat 5-6

SIDE ROCK, CROSS CLAP TWICE

9-10 Rock right to right side, rock left in place
11-12 Cross right over left, clap
13-16 Repeat 9-12 on left leg

SIDE BEHIND, ¼ TURN HOLD, FULL TURN RIGHT HOLD

17-18 Step right to right side, step left behind right
19-20 Step right a ¼ turn right, hold
21 Step left over right while turning a ½ turn right, (your left foot will end up beside right foot)
22 On ball of left turn a ½ turn right stepping right foot forward
23-24 Step left forward, hold

SIDE ROCK TWICE, WEAVE HOLD

25-26 Rock right to right side, rock left in place
27-28 Repeat 25-26
29-30 Step right over left, step left to left side,
31-32 Step right behind left, hold
33-40 Repeat 25-32 on left leg

SIDE BEHIND, ¼ TURN HITCH, FORWARD HITCH, BACK HOOK

41-42 Step right to right side, step left behind right,
43-44 Step right a ¼ turn right, hitch left up behind right
45-46 Step left forward, hitch right up behind left
47-48 Step right back, hook left up in front of right

LOCK STEPS FORWARD SCUFF TWICE

49-50 Step left forward, lock right behind left,
51-52 Step left forward, scuff right foot forward
53-56 Repeat 49-52 on right leg

STEP FORWARD TOUCH, ¼ TURN CROSS TOUCH, CROSS STEPS WITH "BOBS"

57-58 Step left forward, touch right toe behind left
59-60 Step right back while turning a ¼ turn left, cross touch left toe over right,
61-62 Step left to left side, step right behind left bending knees down
63-64 Step left to left side bending knees up, step right behind left bending knees down,

¼ TURN HITCH WITH ½ TURN, STEP BACK HITCH WITH ½ TURN, STEP FORWARD HITCH TWICE

65 Step left a ¼ turn left
66 On ball of left turn a ½ turn left hitching right leg up

- 67 Step right back
68 On ball of right turn a ½ turn left hitching left leg up
69-70 Step left forward, hitch right leg up
71-72 Step right forward, hitch left leg up

MAMBO ROCK FORWARD HOLD, MAMBO ROCK BACK HOLD

- 73-74 Rock left forward, right back
75-76 Step left beside right, hold
77-78 Rock right back, left forward
79-80 Step right beside left, hold

RAMBLE LEFT AND RIGHT WITH CLAPS

- 81-82 Swivel both heels left, both toes left
83-84 Swivel both heels left, clap
85-88 Repeat to right side

MONTEREY ½ RIGHT, MONTEREY ¼ RIGHT

- 89 Touch right toe to right side,
90 On ball of left turn a ½ turn right stepping right beside left
91-92 Touch left toe to left side, step left beside right
93-96 Repeat 89-92 but do a ¼ turn instead of a ½ turn right

REPEAT

Tracks 43-54 all merge into each other and they only last 4:35 altogether. The tracks are also available on The Biggest Party on the Planet by Jive Bunny and the Mastermixers on CD3. The music is only slightly shorter than the Rock 'N' Roll Dance Party CD. The tracks both start at the same time after the words C'mon Everybody. When using the Rock 'N' Roll Dance Party CD, on the last 4 counts on the music change the 2 Monterey turns at the end of the dance to one full Monterey turn. You should end up at the wall you originally started at.
