

Swing Swing Country Thing

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Nancy Mawdsley (SA)
音樂: Swing Swing Highland Fling - The Sporrán Brothers



RIGHT SHUFFLE, LEFT SHUFFLE, SUGAR FOOT, TRIPLE STEP

1&2 Step forward right, close left beside right, step forward right
3&4 Step forward left, close right beside left, step forward left
5-6 Dig right toe diagonally forward facing inward, twist right heel in
7&8 Right, left, right

LEFT SUGAR FOOT, TRIPLE STEP, RIGHT CHASSE, ROCK STEP

9-10 Dig left toe diagonally forward facing inward, twist left heel in
11&12 Right, left, right
13&14 Step right to right side, close left beside right, step right to right side
15-16 Cross rock back onto left, recover onto right

LEFT CHASSE, ROCK STEP, HEEL DIG, TOE DIG, HOOK ¼ TURN

17&18 Step left to left side, close right beside left, step left to left side
19-20 Cross rock back onto right, recover onto left
21-22 Dig right heel forward, swing back to toe dig
23-24 Hook right foot behind left, make ¼ turn left (pulling round with hooked foot)

STOMPS, HEEL SWIVELS

25-26 Stomp right foot forward, stomp left behind right
27&28 Swivel both heel - out-in-out
29-30 Swivel both heels in-out
31&32 Swivel both heels - in-out-in

REPEAT
