Swing City

拍數: 96

級數: Intermediate/Advanced

編舞者: Nancy Morgan (USA)

音樂: Swing City - Roger Brown & Swing City

GRIND HEEL ½ TURN, DROP TOE, VINE LEFT, SLIDE STOMP, SLIDE STOMP, REPEAT

- 1-2 Grind right heel ½ turn, drop left toe
- 3-4-5 Vine left step forward on left, put right behind left, step left to left side as you slide right foot back and up
- 6-7-8 Stomp right next to left, slide right foot back and up, stomp right next to left
- 1-8 Repeat steps 1 through 8

VINE RIGHT, HITCH, VINE LEFT, HITCH

- 1-4 Step forward on right, step left behind right, step right to right side, bring left knee up as you hop on right (hitch)
- 5-8 Step forward on left, step right behind left, step left to left side, bring right knee up as you hop on left (hitch)

STEP, SLIDE, STEP, BRUSH, SHUFFLE, SHUFFLE

- 1-4 Step right foot forward, slide left behind right, step forward on right, brush left
- 5&6-7&8 Shuffle right forward left, right, left, shuffle left forward right, left, right

VINE LEFT, STOMP, MONTEREY TURN, REPEAT

- 1-4 Step forward on left, step right behind left, step left to left side, stomp right next to left (keep weight on left)
- 5-8 Put right out to right side, turning ½ turn to right, put right next to left, put left out to left side, put left next to right
- 1-8 Repeat steps 1 through 8

HOP FORWARD FOR 3 COUNTS, CLAP, HOP BACK FOR 3 COUNTS, CLAP

- 1-4 Hop forward left, right (shoulder width apart) for 3 counts, clap on 4
- 5-8 Hop back left, right (shoulder width apart) for 3 counts, clap on 4

HOP FORWARD FOR 2 COUNTS, HOP BACK FOR 2 COUNTS, STOMP FORWARD, STEP BACK

- 1-4 Hop forward left, right (shoulder width apart) for 2 counts, hop back left, right (shoulder width apart) for 2 counts
- 5-8 Stomp right forward, stomp left forward, step back on right, step back on left

STOMP FORWARD, CLAP, ½ TURN, CLAP, STOMP FORWARD, CLAP, ½ TURN, CLAP

- 1-4 Stomp right foot forward (lean into it), clap, turn ¹/₂ turn to left (stand up), clap
- 5-8 Stomp right foot forward (lean into it), clap, turn ½ turn to left (stand up), clap

STOMP FORWARD 2, STEP, HITCH, STEP, HITCH, STEP, HITCH

- 1-4 Stomp right next to left, stomp left next to right, step forward on right, hitch left
- 5-8 Step forward on left, hitch right, step forward on right, hitch left

TWIST FORWARD FOR 4 COUNTS, TWIST BACK FOR 4 COUNTS

- 1-4 Set left foot down as you twist forward for 4 counts
- 5-8 Start twisting back for 4 counts ending weight on right with left toe coming off floor

STEP, SLIDE, STEP, BRUSH, ¼ TURN JAZZ BOX SQUARE





牆數:4

1-4	Pick left foot up and set left foot forward, slide right next to left, step left foot forward, brush
	right
E 0	Crease right ever left as you turn 1/ turn to your right, stan book on left, right to right aids

5-8 Cross right over left as you turn ¼ turn to your right, step back on left, right to right side, stomp left next to right

REPEAT