

Swing & Jive

COPPER KNOB
BY STEPHEN

拍數: 80 牆數: 4 級數: Intermediate
編舞者: Fi Scott (UK) & Johnny Two-Step (UK)
音樂: Play The Music - Johnny Earle



SIDE TOE, HEEL STRUTS, SAILOR STEP

- 1-2 Step right toe to right side, place right heel to floor
3-4 Cross left toe over right foot, place left heel to floor
5-6 Rock on right foot to right side, replace weight onto left foot
7&8 Cross right behind left foot, step left to left side, replace weight onto right foot

SIDE TOE, HEEL STRUTS, SAILOR STEP

- 9-10 Step left toe to left side, place left heel to floor
11-12 Cross right toe over left foot, place right heel to floor
13-14 Rock on left foot to left side, replace weight onto right foot
15&16 Cross left behind right foot, step right to right side, replace weight to left foot

RIGHT VINE, ½ TURN BOX STEP

- 17-20 Step right foot to right side, cross left behind right, step right to right side as you make ½ turn right, scuff left foot forward
21-24 Cross left foot over right, step back on right, step left to left side, touch right next to left (keeping weight on left foot)

TOE, HEEL CROSS STEP, ROCK REPLACE ¾ TURN

- 25-26 Touch right toe to left instep, touch right heel to left instep
27&28 Cross right foot over left step left to left side, cross right foot over left
29-30 Rock forward on left foot, replace weight back onto right
31&32 ¾ turn over left shoulder on left, right, left

TOE, HEEL SWIVELS

- 33-40 Touch right toe to left instep, touch right heel to left instep, repeat 3 more time's while traveling to your right side

HIP'S RIGHT, LEFT, ROLL HIP'S ¼ TURN LEFT

- 41-44 Bump right hip to right side, hold for one count, bump left hip to left side, hold for one count
45-48 Roll hip's round as you make a ¼ turn left

RIGHT SIDE TOGETHER, SIDE TOGETHER, SIDE TOGETHER, SIDE TOGETHER

- 49-56 Step right foot to right side, step left next to right repeat 3 more times, ending with feet shoulder width apart, weight on left foot

LEFT VINE WITH ¼ TURN LEFT, SCUFF, FULL PIVOT TURN

- 57-60 Step left foot to left side, cross right behind left, step left to left side as you make a ¼ turn left, scuff right foot forward
61-64 Step down on right foot, ½ turn over left shoulder, step forward on right foot, ½ turn over left shoulder

STEP HOLD, STEP HOLD, STEP HOLD STEP HOLD, BACKWARD'S TOE, HEEL STRUTS

- 65-72 Step forward on right, hold, step forward on left, hold, step forward on right, hold, step forward on left, hold
73-80 Step back on right toe, place heel to floor, step back on left toe, place heel to floor, step back on right toe, place heel to floor, step back on left toe, place heel to floor

REPEAT

TAG

To be danced only once, at the end of the 6th wall. You should hear the change in the music.

SIDE TOE, HEEL STRUTS, SAILOR STEP

- 1-2 Step right toe to right side, place right heel to floor
- 3-4 Cross left toe over right foot, place left heel to floor
- 5-6 Rock right foot to right side, replace weight onto left foot
- 7&8 Cross right behind left foot, step left to left side, replace weight onto right foot

SIDE TOE, HEEL STRUTS, SAILOR STEP

- 9-10 Step left toe to left side, place left heel to floor
- 11-12 Cross right toe over left foot, place heel to floor
- 13-14 Rock on left foot to left side, replace weight onto right foot
- 15&16 Cross left behind right foot, step right to right side, replace weight onto left foot

STEP HOLD, STEP HOLD, STEP HOLD, STEP HOLD, BACKWARD TOE, HEEL STRUTS

- 17-24 Step forward on right, hold, step forward on left, hold, step forward on right, hold, step forward on left, hold
 - 25-32 Step back on right toe, place heel to floor, step back on left toe, place heel to floor step back on right toe, place heel to floor, step back on left toe, place heel to floor
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