

拍數: 48 牆數: 4 級數: Improver
編舞者: Jan Brookfield (UK)
音樂: Here Comes The Hotstepper - Ini Kamose



KICK BALL CROSS, SCOOT BACK, SIDE TOUCH STEPS

1&2 Kick right forward, step back on ball of right, step left across right
3&4 Scoot back on left twice, touch right to side
5-6 Step right across left, touch left to side
7-8 Step left across right, stomp up right in place (weight remains on left)

HEEL SWITCHES TRAVELING BACK, ½ PIVOT TURNS TWICE

9&10 Tap right heel forward, step back on right, tap left heel forward
&11& Step back on left, tap right heel forward, step back on right
12& Tap left heel forward, step back on left
13-14 Step right forward, pivot ½ turn to left
15-16 Step right forward, pivot ½ turn to left

HEEL & TOE SWITCHES WITH ¼ TURN LEFT, STEP SLIDES & CLAPS

17&18 Tap right heel forward, step on right in place, tap left toe back
&19& Step on left in place, tap right toe back making ¼ turn to left, step right in place
20& Tap left heel forward, step on left in place
21-22 Step right forward at 45 degrees, slide left up to right and clap
23-24 Step left forward at 45 degrees, slide right up to left and clap

OUT, OUT, IN, IN & SIDE STEP TOUCH COMBINATION

&25&26 Step right out to side, step left out to side, step right in place, step left in place
27-28 Step right to side, slide left up to touch right
29-30 Step left to side, slide right up to touch left
&31&32 Step right out to side, step left out to side, step right in place, step left in place

HITCHES, SHIMMIES & SAILOR STEPS TO RIGHT & LEFT

33-34 Hitch right knee across left leg, step right to side
35&36 Shimmy shoulders (or bump hips) right, left, right
37&38 Step left behind right, step right back slightly, step left to side
39&40 Step right behind left making ¼ turn left, step left to side, step right to side

41-42 Hitch left knee across right leg, step left to side
43&44 Shimmy shoulders (or bump hips) left, right, left
45&46 Step right behind left, step left back slightly, step right to side
47&48 Step left behind right making ¼ turn left, step right to side, step left to side

REPEAT
