Sweetheart Schottische (P)

牆數: 0

級數: Partner

編舞者: Unknown

拍數: 26

音樂: T-R-O-U-B-L-E - Travis Tritt

Position: Promenade position, Both facing line of dance; lady standing on the gentleman's right side; each will have heels together; his left hand will hold her left hand either in front of his left shoulder, in front of and slightly higher than his waist, or in front of the lady's left shoulder; his right arm will reach behind the lady and hold her right hand in his right hand slightly to the right of her right shoulder

MODIFIED VINE TO THE LEFT

- 1 Left foot step to the left
- 2 Right foot step behind left leg to the left
- 3 Left foot step to the left
- 4 Right foot scuff forward beside left foot

GENTLEMAN'S STEPS FOR BEATS 5-16 MODIFIED VINE TO THE RIGHT

- 5 Right foot step to the right-gentleman's raises left hands higher than the lady's head so she can turn underneath
- 6 Left foot step behind right leg to the right-left hands are passing over her head and ready to be brought down
- 7 Right foot step to the right-left hands are brought down to waist height and the arms will be crossed
- 8 Left foot scuff forward beside right foot-arms are kept at waist height and fully extended

MODIFIED VINE TO THE LEFT

- 9 Left foot step to the left-gentleman's raises left hands higher than the lady's head so she can turn underneath
- Right foot step behind left leg to the left-left and right hands are now raised as the lady has 10 passed under the left hands and is ready to turn under the right hands
- Left foot step to the left-left and right hands are brought down to waist height and the arms 11 will be crossed
- Right foot scuff forward beside left foot-arms are kept at waist height and fully extended 12
- 13 Right foot step forward-drop left hands, right hands are raised over lady's head for her turn
- Left foot step forward 14
- 15 Right foot step forward
- 16 Left foot scuff forward beside right foot - re-grasp left hands in promenade position

LADY'S STEPS FOR BEATS 5-16

1/2 TURN TO THE RIGHT

- 5 Right foot step forward in front of left leg to the left-gentleman's raises left hands higher than the lady's head so she can turn underneath
- Left foot step to the left 1/4 turn to the right. Left hands are passing over her head and ready to 6 be brought down
- 7 Right foot step to close to left foot ¹/₄ turn to the right. Left hands are brought down to waist height and the arms will be crossed
- Left foot scuff forward beside right foot-arms are kept at waist height and fully extended-lady 8 faces reverse line of dance

FULL TURN TO THE LEFT



- 9 Left foot step left ¼ turn to the left. Gentleman's raises left hands higher than the lady's head so she can turn underneath
- 10 Right foot step ¼ turn to the left. Left and right hands are now raised as the lady has passed under the left hands and is ready to turn under the right hands
- 11 Left foot step ½ to the left. Left and right hands are brought down to waist height and the arms will be crossed
- 12 Right foot scuff forward beside left foot-arms are kept at waist height and fully extended-lady faces reverse line of dance

1 ½ TURN TO THE RIGHT

- 13 Right foot step forward ½ turn to the right. Drop left hands, right hands are raised over lady's head for turning
- 14 Left foot step forward ½ turn to the right
- 15 Right foot step forward ¹/₂ turn to the right
- 16 Left foot scuff forward beside right foot. Re-grasp left hands in promenade position

STANDARD STEPS FOR GENTLEMAN AND LADY ARE IDENTICAL.

- 17 Left foot step forward
- 18 Right foot scuff forward beside left foot
- 19 Right foot step forward
- 20 Left foot scuff forward beside right foot
- 21 Left foot step backward
- 22 Right foot step backward
- 23 Left foot step backward
- 24 Right foot scuff forward beside left foot
- 25 Right foot step right
- 26 Left foot scuff forward beside right foot

REPEAT

OPTION 1

Substitute stomps for scuffs on counts 4, 8, 12, 24, and 26.

OPTION 2

You may substitute these counts anytime you have already made the decision to use the option above. GENTLEMAN'S STEPS

- 13 Right foot scuff forward beside left foot-drop left hands, right hands are raised over lady's head for turning
- 14 Right foot step forward
- 15 Left foot scuff forward beside right foot
- 16 Left foot step forward re-grasp left hands in promenade position
- 17 Right foot scuff forward beside left foot
- 18 Right foot step forward
- 19 Left foot scuff forward
- 20 Left foot continues into low kick forward

LADY'S STEPS

- 16 Left foot step forward re-grasp left hands in promenade position
- 17 Right foot scuff forward beside left foot
- 18 Right foot step forward
- 19 Left foot scuff forward beside right foot

OPTION 3

Modify the position so only the right hands are held throughout the dance. The left thumb is tucked into your front left pocket, looped over your belt, or the left hand is on your left hip.

OPTION 4

GENTLEMAN'S STEPS

- 21 Left foot step backward-drop left hands, using right hands begin lead for the lady's ½ turn to the right
- 22 Right foot step backward
- 23 Left foot step backward
- 24 Right foot scuff forward beside left foot
- 25 Right foot step right-lift right arm for lady to do ¹/₂ turn to the right
- 26 Left foot scuff forward beside right foot. Re-grasp hands and return to promenade position

LADY'S STEPS

| Left foot step backward |
|--|
| Right foot step backward 1/2 turn to the right |
| Left foot step forward-reverse line of dance |
| Right foot scuff forward beside left foot |
| Right foot step right 1/2 turn to the right |
| Left foot scuff forward beside right foot |
| |

OPTION 5

In slow dances, the dancers will hold their left hands high, elbows down, forearms touching at a midpoint between their bodies on Counts 8 and 12.

OPTION 6

- LADY'S 1/2 TURN TO THE RIGHT
- 13Right foot step backward
- 14 Pivot on ball of left foot ½ turn to the right. Re-grasp left hands in promenade position
- 15 Right foot step in place beside left foot
- 16 Left foot scuff forward beside right foot

Other Variations:

VARIATIONS FOR MEN

This variation begins after the chug steps, as you step back with the left foot

- 1 Step back with the left foot
- 2 Step back with the right
- 3 Step back with the left foot (men face LOD-women face opposite LOD) (side by side-right hands are joined)
- 4 Kick to left with right foot
- 5 Step down on the right foot
- 6 Kick to the right with the left foot

USING SMALL STEPS, GRAPEVINE APART WITH HANDS STILL JOINED

- 7 Step to the left with the left foot
- 8 Step left with the right behind left
- 9 Step to the left with the left foot
- 10 Kick to the left with the right foot (men grapevine to the right-women go behind men with ½ turn to the right-when this 4 count is finished both facing LOD women on inside-men on outside right hands stay joined & go over men's head)
- 11 Step to the right with the right foot

- 12 Step right with the left behind right
- 13 Step to the right with the right foot
- 14 Kick with the left foot (men step back & to the left as the women make a ½ turn to the left & move to the right-right hands remain joined kicks are done with partners facing each othermen face outside & women face inside the floor)
- 15 Step back & to the left with the left foot, raise your right hand over her head
- 16 Step to left with right behind left foot
- 17 Step up next to partner with the right foot
- 18 Kick with the right foot (return to original steps) (men step in place-women spin 1¹/₄ to the right)
- 19-20 In place step right-left-right (chug left-step left-chug right-step right-chug left)

WOMEN'S STEPS

- 1 Step left on left
- 2 Cross right behind left
- 3 Step left on left
- 4 Brush right beside left

MAKING ¾ TURN TO THE RIGHT. LEFT HANDS GO OVER WOMEN'S HEAD

- 5 Step on right turning to the right
- 6 Step on left continuing turn
- 7 Step on right completing turn
- 8 Brush left beside right to partner's left side, facing inside LOD

MAKING 1 FULL TURN TO THE LEFT. LEFT HANDS & THEN RIGHT HANDS GO OVER WOMEN'S HEAD

- 9 Step on left turning to the left
- 10 Step on right continuing turn
- 11 Step on left completing turn
- 12 Brush right beside left to partner's right side, facing inside LOD

MAKING 1 % TURN TO THE RIGHT. RELEASE LEFT HANDS, RAISE RIGHT HANDS ABOVE WOMEN'S HEAD

- 13 Step on right beginning turn to the right
- 14 Step on left continuing turn
- 15 Step on right completing turn
- 16 Brush left beside right (cape position)
- 17 Step forward on left
- 18 Brush right beside left
- 19 Step forward on right
- 20 Brush left beside right
- 21 Step backward on left
- 22 Step backward on right
- 23 Step backward on left
- 24 Brush right beside left
- 25 Step forward on right
- 26 Brush left beside right

REPEAT

VARIATIONS FOR WOMEN

This variation begins after the chug steps as you step back with the left foot

- 1 Step back with the left foot
- 2 Make a ¹/₂ turn to the right beginning with the right foot

- 3 Step with the left foot completing the turn (men face LOD-women face opposite LOD side by
- side-right hands are joined)
- 4 Kick to left with right foot
- 5 Step down on the right foot
- 6 Kick to the right with the left foot

USING SMALL STEPS, GRAPEVINE APART WITH HANDS STILL JOINED

- 7 Step to the left with the left foot
- 8 Step left with the right behind left
- 9 Step to the left with the left foot
- 10 Kick to the left with the right foot

Men grapevine to the right-women go behind men with ½ turn to the right-when this 4 count is finished both facing LOD women on inside-men on outside right hands stay joined & go over men's head.

- 11 Step to the right with the right foot
- 12 Step right with the left making a turn to the right
- 13 Step next to partner with right foot
- 14 Kick with the left foot (men step back & to the left as the women make a ½ turn to the left & move to the right-right hands remain joined kicks are done with partners facing each othermen face outside & women face inside the floor)
- 15 Step with the left foot and begin a ¹/₂ turn to the left, while moving toward the right side
- 16 Step with right-continue turn
- 17 Step with left -complete turn
- 18 Kick with the right foot (return to original steps-- men step in place women spin 1¼ to the right)
- 19-20 Spin to right step right-left-right (chug left-step left-chug right-step right-chug left)