

Sweet Sixteen

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Eva-Maria Lervik (SWE)
音樂: Sweet Sixteen - Destiny's Child



STEP, ROCK STEP, STEP, ROCK STEP, ½ TURN LEFT, SWEEP, SAILOR STEP

1-2& Step right back, rock left back, recover weight to right
3-4& Step left forward, rock right back, recover weight to left
5-6 Turn ½ left stepping right back, sweep left to back
7&8 Cross left behind right, step right to right side, step left to left side

SKATE STEP TWICE, FORWARD SAILOR WITH ¼ TURN RIGHT, CROSS SHUFFLE, SWAY

1-2 Skate forward right, left
3&4 Cross right over left, step left back turning ¼ right, step right to right side
5&6 Cross left over right, step right to right side, cross left over right
7-8 Sway right, left

CROSS SHUFFLE, LOCK, UNWIND ¾ RIGHT, STEP, TURN ½ LEFT, LOCK SHUFFLE

1&2 Cross right over left, step left to left side, cross right over left
&3-4 Step left to left side, cross right behind left, unwind ¾ right (weight ended on right)
&5-6 Step left forward, step right forward, turn ½ left stepping left forward
7&8 Step right forward, lock left behind right, step right forward

ROCK STEP WITH ¼ TURN RIGHT, CROSS, SIDE STEP, FORWARD, ROCK STEP, FULL TURN RIGHT TWICE

1-2 Turn ¼ right rocking left out to left side, recover weight to right
3&4 Step left forward to right diagonal, step right beside left, step left forward to left diagonal
5-6 Rock right forward, recover weight to left
&7&8 ½ turn right stepping right forward, ½ turn right stepping left back, ½ turn right stepping right forward, ½ turn right stepping left back

REPEAT
