

Sweet Rapture

COPPER KNOB
BY STEPHEN METZ

拍數: 52 牆數: 2 級數: Intermediate
編舞者: Diana Bishop (AUS)
音樂: Rapture - L10



- 1-2-3&4 Step left to left, turn ½ turn to right, step right to right, cross shuffle to right on left-right-left
5-6-7&8 Step right to right side, hip bump to right, hip bump to left, then right then left & right
- 1-8 Repeat above 8 counts
- 1-2&3-4 Rock onto left across right, rock back onto right, bring left next to right, rock onto right across left, rock back onto left
5-6-7&8 Bring right next to left, & left steps forward, turn ½ turn right, shuffle forward left-right-left
- 1-2&3-4 Rock onto right across left, rock back onto right, bring right next to left, rock onto left across right, rock back onto right
5-6-7&8 Bring left next to right, & right step forward, turn ½ turn to left, shuffle forward right-left-right
- 1-2-3-4 Step left to left turn ½ turn to right, step right to right turn ½ turn to right, (pivot on ball of right foot) step left to left turn ½ turn to right, (pivot on ball of left foot) step right to right
- 1&2&3&4 Left heel touch to front & bring left next to right, while turning ¼ to right, kick right forward & bring right next to left, while turning ¼ to left, left heel touch to front & bring left next to right, while turning ¼ to right (while turning the ¼ turns point fingers on heels & turn & heel & turn, moving head side to side to the ¼ turns also)
- &1-2-3&4 Bring right next to left, left step forward into a ¼ turn to right, shuffle forward on left-right-left
- 1-2-3&4 Rock forward onto right, rock back onto left, turn ½ turn to right shuffle forward on right-left-right
5-6-7-8 Walk forward on left-right-left-right

REPEAT
