Sweet Music Man

級數: Intermediate

編舞者: Jos Slijpen (NL)

拍數: 32

音樂: Sweet Music Man - Reba McEntire

MAMBO RIGHT, MAMBO LEFT, SHUFFLE FORWARD RIGHT, ROCK FORWARD LEFT, RECOVER, STEP BACK LEFT

- 1&2 Rock right to right side, recover weight on left, close right beside left
- 3&4 Rock left to left side, recover weight on right, close left beside right
- 5&6 Step right forward, close left beside right, step right forward
- 7&8 Step left forward, recover weight on right, step left back

FULL TURN RIGHT, SHUFFLE FORWARD LEFT, STEP, ½ PIVOT TURN LEFT, CROSS, ROCK, RECOVER, CROSS

- 1&2 On the spot make full turn right with right, left, right
- 3&4 Step left forward, close right beside left, step forward left
- 5&6 Step right forward, pivot ¼ turn left, cross right over left
- 7&8 Rock left to left side, recover weight on right, cross left over right

Option: replace counts 1&2 with coaster step starting with right

ROCK SIDE, ¼ TURN LEFT, STEP FORWARD RIGHT, RIGHT FULL TURN FORWARD, ROCK FORWARD RIGHT, RECOVER, ¼ TURN RIGHT, CROSS ROCK, RECOVER, TOUCH SIDE

- 1&2 Rock right to right side, make 1/4 turn left and recover weight on left, step right forward
- 3&4 Make a full turn forward right with right, left, right
- 5&6 Rock right forward, recover weight on left, make ¹/₄ turn right stepping right to right side
- 7&8 Cross rock left over right, recover weight on right, touch left toe to left side

Option: replace counts 3&4 with a shuffle forward

SAILOR STEP WITH ¼ TURN LEFT, ROCK FORWARD, RECOVER, ½ RIGHT, ¼ TURN RIGHT, RECOVER, CROSS, ROCK SIDE, RECOVER, TOUCH

- 1&2 Make 1/4 turn left and step left behind right, step right to right side, step left forward
- 3&4 Rock right forward, recover weight on left, make ½ turn right stepping forward on right
- 5&6 Make ¼ turn right stepping left to left side, recover weight on right, cross left over right
- 7&8 Rock right to right side, recover weight on left, touch right toe next to left

REPEAT

RESTART During 4th wall restart dance after count 20





牆數:4