Sweet Maria (P)

拍數: 64

級數: Partner

編舞者: Bill Gallagher (UK)

音樂: Sweet Maria - The Cheap Seats

Position: Open Western. Holding Inside Hands

- 1-4 Step left to left, right next to left, step left forward, hold for one beat
- 5-8 Step right to right, left next to right, step right back, hold for one beat
- 9-12 MAN: On the spot, step left, right, touch left next to right, hold for one beat
 LADY: Rolling left, turn ½ turn left on left, ½ turn left on right, touch left next to right, hold for one beat, to finish in front of man facing LOD

Holding left hands arms extended left, right hands at lady's waist

- 13-20 BOTH: Stepping on a left diagonal step left forward, slide right next to left, step left forward touch right next to left, stepping on a right diagonal, step right forward, slide left next to right step right forward, touch left next to right
- 21-28 Repeat steps 13-20
- 29-32 MAN: Stepping on left, right, left, touch right next to left, on spot LADY: Stepping left, right, left touch right next, to left, turning one full turn right

Taking right arms over lady's head, to finish on man's right arms crossed in front, facing LOD

- 33-36 BOTH: Walk forward, on right, left, right and kick left forward
- 37-40 MAN: Step down on left, and on right, left, touch right next to left turning ½ turn right to face RLOD
 LADY: Step down on left, and on right, left, touch right next to left, turning one full turn left

taking right arms over lady's dropping left hands, to finish facing LOD

- 41-44 Holding inside hands walk to RLOD on right left, right kick out with left (man walking and kicking forward, lady walking and kicking backward)
- 45-52 BOTH: Release left hands, step down on left, right, left turn ½ turn left, touch right next to left, take up right hands & walk to LOD right, left, right touch left next to right

MAN WALKING FORWARD, LADY WALKING BACKWARD

53-56 MAN: Stepping on the spot on left, right, left, touch right next to left LADY: Turning on the spot, spin turn ½ left on left, ½ turn left on right, ½ turn left on left, touch right next to left

Taking right arms over lady's head, bringing right arm behind lady at waist height. Pick up lady's left hand

57-64 BOTH: Holding inside hands, walk forward on right, left, right touch left next to right, walk forward left, right, left stomp right next to left

REPEAT

On counts 53-56, if lady puts her left hand behind her at waist height, it will make for a clean change of hands stops left hand from swinging about





牆數: 0