

# Sweet Harmony

**COPPER** KNOB  
BY STEPHEN HETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Ray Cartwright (UK)  
音樂: Sweet Harmony - The Beloved



## **SIDE ROCKS, BEHIND SIDE CROSS, & CROSS & HEEL, & CROSS SIDE**

1-2      Rock right to right side, recover on left  
3&4      Cross right behind left, step left to left side cross right over left  
&5&6      Step left to side, cross right over left, step left to side, touch right heel to right diagonal  
&7-8      Small step back on right, cross left over right, step right to side (12:00)

## **SAILOR ¼ TURN, CROSS & SIDE, STEP, ¼ RONDE, CROSS SHUFFLE**

1&2      Cross left behind right, turn ¼ left stepping right to side, step left to side (9:00)  
3&4      Cross rock right over left, recover on left, step right to right side  
5-6      Step forward on left, keeping weight on ball of left turn ¼ to left sweeping right out to side and in front of left (6:00)  
7&8      Cross right over left, step left to left side, cross right over left

## **SIDE ROCKS, BEHIND, ¼ TURN, STEP, ROCK RECOVER, ¼ CHASSIS**

1-2      Rock left to left side, recover on right  
3&4      Cross left behind right, ¼ turn right stepping forward on right step forward on left (9:00)  
5-6      Rock forward on right, recover on left  
7&8      Turn ¼ right stepping right to side, step left together, step right to side (12:00)

## **CROSS, HITCH, CROSS, SWAYS, KICK & TOUCH, & HEEL & TOUCH**

1&2      Cross left over right, hitch right, cross right over left  
**On step 1 face the right corner turning to the left corner as you hitch and then cross right over left**  
3&4      Step left to side straightening up on wall as you sway hips left, sway hips right, sway hips left  
5&6      Kick right forward, step right next to left, touch left toes next to right  
&7&8      Step left next to right, touch right heel forward, step right next to left, touch left toes next to right

## **& ROCK RECOVER, ½ SHUFFLE, ¼ PIVOT TURN, CROSS, POINT**

&1-2      Step left next to right, rock forward on right, recover on left  
3&4      ½ turn right stepping forward on right, step left next to right, step forward on right (6:00)  
5-6      Step forward on left, ¼ pivot turn to the right (9:00)  
7-8      Cross left over right, point right toes to right side

## **& POINT, ¼ TURN, COASTER STEP, ¼ TURN TWICE, ¼ TURN SIDE TOGETHER STEP**

&1-2      Step right next to left, point left toes to left side, ¼ turn to left keeping weight back on right (6:00)  
3&4      Step back on left, step right together step forward on left  
5-6      ¼ turn left stepping right to side, ¼ turn left stepping forward on left (12:00)  
7&8      ¼ turn stepping right to side, step left next to right, small step forward on right (9:00)

## **ROCK RECOVER, ½ SHUFFLE, ¼ PIVOT TURN, ½ PIVOT TURN**

1-2      Rock forward on left, recover on right  
3&4      ½ turn left stepping forward on left, step right next to left, step forward on left (3:00)  
5-6      Step forward on right, ¼ pivot turn to the left (12:00)  
7-8      Step forward on right, ½ pivot turn to the left (6:00)

## **CROSS & SIDE TWICE, CROSS UNWIND, WALK, WALK**

1&2 Cross rock right over left, recover on left, step right to side  
3&4 Cross rock left over right, recover on right, step left to side  
5-6 Cross right over left, unwind full turn left ending with weight on left  
7-8 Step right forward, step left forward (6:00)

**REPEAT**

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