

Sweet Feelings

COPPER KNOB
STEPPERS

拍數: 96 牆數: 2 級數: Improver
編舞者: Cath Robb (UK)
音樂: I Get the Sweetest Feeling - Jackie Wilson



Start after the drum roll on the word "Hmm"

RIGHT GRAPEVINE AND SCUFF

- 1 Step right to the right side
- 2 Cross left behind right
- 3 Step right to right side
- 4 Scuff left

LEFT GRAPEVINE AND SCUFF

- 5 Step left to left side
- 6 Cross right behind left
- 7 Step left to left side
- 8 Scuff right

STEP, PIVOT, STEP, PIVOT

- 9 Step forward right
- 10 Pivot half turn left
- 11 Step forward right
- 12 Pivot half turn left

RIGHT LOCK STEP AND SCUFF

- 13 Step diagonally forward right
- 14 Lock left behind right
- 15 Step forward right
- 16 Scuff left

LEFT LOCK STEP AND SCUFF

- 17 Step diagonally forward left
- 18 Lock right behind left
- 19 Step forward left
- 20 Scuff right

BACK SLIDE AND SHIMMY

- 21-24 Large step diagonally back right and shimmy, slide left beside right
- 25-28 Large step diagonally back left and shimmy, slide right beside left

RIGHT SAILOR STEP AND LEFT SAILOR STEP

- 29&30 Cross right behind left, step left to left side, step right to place
- 31&32 Cross left behind right, step right to right side, step left to place

GOING LEFT-RIGHT AND LEFT TOE STRUTS, SHUFFLE, ROCK BACK, STEP FORWARD

- 33-42 Right toe-heel, left toe-heel, right toe-heel, left side shuffle, rock back on right, step forward left

GOING RIGHT-RIGHT AND LEFT TOE STRUTS, SHUFFLE, ROCK BACK, STEP FORWARD

- 43-50 Right toe-heel, left toe-heel, right side shuffle, rock back on left, step forward right

SIDE STEP LEFT TWICE

51-52 Step left to side, close right beside left

53-54 Step left to side, touch right beside left

SIDE STEP RIGHT, LARGE STEP RIGHT AND DRAG

55-56 Step right to side, close left beside right

57-60 Large step right to side, drag left beside right, hold

HIP BUMPS, ½ MONTEREY TURNS, SNAKE MOVEMENTS

61-64 Four hip bumps start with right hip

65-66 Touch right to right side, on the ball of left make ½ turn right stepping right beside left

67-68 Touch left to left, side step left beside right

69-72 Four body rolls (snake movements)

73-88 Repeat 65-72 twice

TOUCH AND HITCH X 2

89-90 Touch right foot out to right side hitch right knee

91-92 Repeat 89-90

93-94 Walk forward right hold

95-96 Walk forward left hold

REPEAT

TAG

After second wall

Point right toe forward and sweep round to left foot

Heel down slightly behind left. Stomp left foot

Point left toe forward and sweep round to right foot

Heel down slightly behind right. Stomp right foot

Point right toe forward and sweep round to left foot

Heel down slightly behind left. Stomp left foot

Step right forward rock back left

Right coaster step and step right step forward left

Optional final steps (after right lock step 13 - 16)

Step diagonally forward left

Lock right behind left

On the ball of the right foot ½ turn right

Step left with arms out stretched
